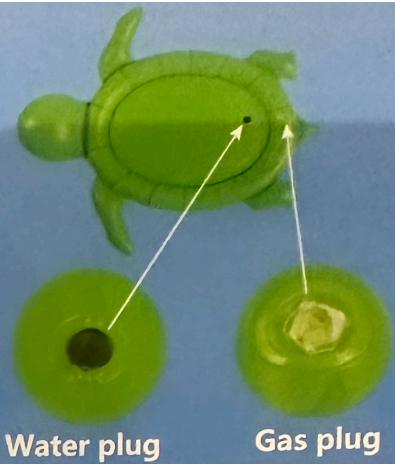


## How to use:

1. Open the airplug.
2. Fill it with air.(80% of the air)
3. Open the water valve.
4. Fill it with water.(80% of the water)



Water plug

Gas plug



Fill up with water when in use



Open water when cleaning

## Clean the inside:

1. Unplug the inside water plug.
2. Pour out all the inside water.
3. Hang the water pad upside down for a few hours or a day.
4. Pour out the remaining water again and blow the inside water with a blower or try to dry under the sun.



## THE MAGIC OF TUMMY TIME

### NECK

- Strengthens neck muscles
- Improves head control

### BACK

- Posture strength
- Back strength
- Skeletal alignment

### LEGS

- Helps develop muscles for crawling

### HIPS

- Stretches/develops hips muscles

### HEAD

- Prevents flat head syndrome (plagiocephaly)

### BRAIN

- Sensory integration
- Cognitive development

### HANDS

- Formation of hand arches for fine motor skills

### ARMS

- Strengthens arms for reaching and crawling

