/ISRock H370M-HDV

User Manual

Version 1.0

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- (2) this device must accept any interference received, including interference that may cause undesired operation.

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"Perchlorate Material-special handling may apply, see www.dtsc.ca.gov/hazardouswaste/perchlorate"

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Chapter 1 Introduction Thank you for purchasing ASRock H370M-H1

Thank you for purchasing ASRock H370M-HDV motherboard, a reliable motherboard produced under ASRock's consistently stringent quality control. It delivers excellent performance with robust design conforming to ASRock's commitment to quality and endurance.

In this documentation, Chapter 1 and 2 contains the introduction of the motherboard and step-by-step installation guides. Chapter 3 contains the operation guide of the software and utilities. Chapter 4 contains the configuration guide of the BIOS setup.



Because the motherboard specifications and the BIOS software might be updated, the content of this documentation will be subject to change without notice. In case any modifications of this documentation occur, the updated version will be available on ASRock's website without further notice. If you require technical support related to this motherboard, please visit our website for specific information about the model you are using. You may find the latest VGA cards and CPU support list on ASRock's website as well. ASRock website http://www.asrock.com.

1.1 Package Contents

- ASRock H370M-HDV Motherboard (Micro ATX Form Factor)
- · ASRock H370M-HDV Quick Installation Guide
- ASRock H370M-HDV Support CD
- 1 x I/O Panel Shield
- 2 x Serial ATA (SATA) Data Cables (Optional)

Enalish

1.2 Specifications

Platform

- · Micro ATX Form Factor
- · Solid Capacitor design

CPU

- Supports 9th and 8th Gen Intel[®] CoreTM Processors (Socket 1151)
- Supports CPU up to 95W
- · 4 Power Phase design
- · Supports Intel® Turbo Boost 2.0 Technology

Chipset

• Intel® H370

Memory

- Dual Channel DDR4 Memory Technology
- 2 x DDR4 DIMM Slots
- Supports DDR4 2666/2400/2133 non-ECC, un-buffered memory
- · Max. capacity of system memory: 64GB
- Supports Intel® Extreme Memory Profile (XMP) 2.0
- 15µ Gold Contact in DIMM Slots

Expansion Slot

- 1 x PCI Express 3.0 x16 Slot (PCIE2: x16 mode)*
- * Supports NVMe SSD as boot disks
- 1 x PCI Express 3.0 x1 Slot

Graphics

- Intel® UHD Graphics Built-in Visuals and the VGA outputs can be supported only with processors which are GPU integrated.
- Supports Intel* UHD Graphics Built-in Visuals: Intel*
 Quick Sync Video with AVC, MVC (S3D) and MPEG-2 Full
 HW Encode1, Intel* InTruTM 3D, Intel* Clear Video HD
 Technology, Intel* InsiderTM, Intel* UHD Graphics
- DirectX 12
- HWAEncode/Decode: AVC/H.264, HEVC/H.265 8-bit, HEVC/H.265 10-bit, VP8, VP9 8-bit, VP9 10-bit (Decode only), MPEG2, MJPEG, VC-1

- Three graphics output options: D-Sub, DVI-D and HDMI
- Supports Triple Monitor
- Supports HDMI 1.4 with max. resolution up to 4K x 2K (4096x2160) @ 30Hz
- Supports DVI-D with max. resolution up to 1920x1200 @ 60Hz
- Supports D-Sub with max. resolution up to 1920x1200 @ 60Hz
- Supports Auto Lip Sync, Deep Color (12bpc), xvYCC and HBR (High Bit Rate Audio) with HDMI 1.4 Port (Compliant HDMI monitor is required)
- Supports HDCP 2.2 with DVI-D and HDMI 1.4 Ports
- Supports 4K Ultra HD (UHD) playback with HDMI 1.4 Port

Audio

- 7.1 CH HD Audio (Realtek ALC887/897Audio Codec)
- Supports Surge Protection

LAN

- PCIE x1 Gigabit LAN 10/100/1000 Mb/s
- 1 x Realtek RTL8111H
- Supports Wake-On-LAN
- Supports Lightning/ESD Protection
- Supports Energy Efficient Ethernet 802.3az
- Supports PXE

Rear Panel I/O

- 1 x PS/2 Mouse/Keyboard Port
- 1 x D-Sub Port
- 1 x DVI-D Port
- 1 x HDMI Port
- 4 x USB 2.0 Ports (Supports ESD Protection)
- 2 x USB 3.2 Gen1 Ports (Supports ESD Protection)
- 1 x RJ-45 LAN Port with LED (ACT/LINK LED and SPEED LED)
- HD Audio Jacks: Line in / Front Speaker / Microphone

Storage

 4 x SATA3 6.0 Gb/s Connectors, support RAID (RAID 0, RAID 1, RAID 5, RAID 10, Intel Rapid Storage Technology 15), NCQ, AHCI and Hot Plug

Connector

- 1 x TPM Header
- 1 x Chassis Intrusion and Speaker Header
- 1 x CPU Fan Connector (4-pin)
- * The CPU Fan Connector supports the CPU fan of maximum 1A (12W) fan power.
 - 1 x Chassis/Water Pump Fan Connector (4-pin) (Smart Fan Speed Control)
- * The Chassis/Water Pump Fan supports the water cooler fan of maximum 2A (24W) fan power.
- * CHA_FAN1/WP can auto detect if 3-pin or 4-pin fan is in use.
- 1 x 24 pin ATX Power Connector
- 1 x 8 pin 12V Power Connector
- 1 x Front Panel Audio Connector
- 1 x USB 2.0 Header (Supports 2 USB 2.0 ports) (Supports ESD Protection)
- 1 x USB 3.2 Gen1 Header (Supports 2 USB 3.2 Gen1 ports) (Supports ESD Protection)

BIOS Feature

- AMI UEFI Legal BIOS with multilingual GUI support
- ACPI 6.0 Compliant wake up events
- SMBIOS 2.7 Support
- DRAM, PCH 1.05V Voltage Multi-adjustment

Hardware Monitor

- Temperature Sensing: CPU, Chassis/Water Pump Fans
- Fan Tachometer: CPU, Chassis/Water Pump Fans
- Quiet Fan (Auto adjust chassis fan speed by CPU temperature): CPU, Chassis/Water Pump Fans
- Fan Multi-Speed Control: CPU, Chassis/Water Pump Fans
- · CASE OPEN detection
- Voltage monitoring: +12V, +5V, +3.3V, CPU Vcore

OS

• Microsoft® Windows® 10 64-bit

Certifications

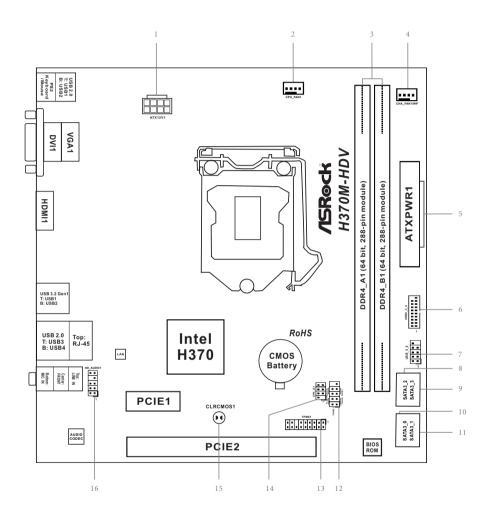
- FCC, CE
- ErP/EuP ready (ErP/EuP ready power supply is required)

*For detailed product information, please visit our website: http://www.asrock.com



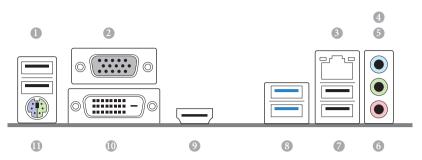
Please realize that there is a certain risk involved with overclocking, including adjusting the setting in the BIOS, applying Untied Overclocking Technology, or using third-party overclocking tools. Overclocking may affect your system's stability, or even cause damage to the components and devices of your system. It should be done at your own risk and expense. We are not responsible for possible damage caused by overclocking.

1.3 Motherboard Layout



No.	Description
1	ATX 12V Power Connector (ATX12V1)
2	CPU Fan Connector (CPU_FAN1)
3	2 x 288-pin DDR4 DIMM Slots (DDR4_A1, DDR4_B1)
4	Chassis/Water Pump Fan (CHA_FAN1/WP)
5	ATX Power Connector (ATXPWR1)
6	USB 3.2 Gen1 Header (USB3_3_4)
7	USB 2.0 Header (USB_5_6)
8	SATA3 Connector (SATA3_2)(Upper)
9	SATA3 Connector (SATA3_3)(Lower)
10	SATA3 Connector (SATA3_0)(Upper)
11	SATA3 Connector (SATA3_1)(Lower)
12	System Panel Header (PANEL1)
13	TPM Header (TPMS1)
14	Chassis Intrusion and Speaker Header (SPK_CI1)
15	Clear CMOS Pad (CLRMOS1)
16	Front Panel Audio Header (HD_AUDIO1)

1.4 I/O Panel



No.	Description	No.	Description
1	USB 2.0 Ports (USB12)	7	USB 2.0 Ports (USB_34)
2	D-Sub Port	8	USB 3.2 Gen1 Ports (USB3_12)
3	LAN RJ-45 Port*	9	HDMI Port
4	Line In (Light Blue)**	10	DVI-D Port
5	Front Speaker (Lime)**	11	PS/2 Keyboard/Mouse Port
6	Microphone (Pink)**		

 $^{^{\}star}$ There are two LEDs on each LAN port. Please refer to the table below for the LAN port LED indications.

ACT/LINK LED SPEED LED LAN Port

Activity / Link LED		Speed LED	Speed LED	
Status	Description	Status	Description	
Off	No Link	Off	10Mbps connection	
Blinking	Data Activity	Orange	100Mbps connection	
On	Link	Green	1Gbps connection	

**Function of the Audio Ports in 7.1-channel Configuration:

Port	Function
Light Blue (Rear panel)	Rear Speaker Out
Lime (Rear panel)	Front Speaker Out
Pink (Rear panel)	Central /Subwoofer Speaker Out
Lime (Front panel)	Side Speaker Out

Chapter 2 Installation

This is a Micro ATX form factor motherboard. Before you install the motherboard, study the configuration of your chassis to ensure that the motherboard fits into it.

Pre-installation Precautions

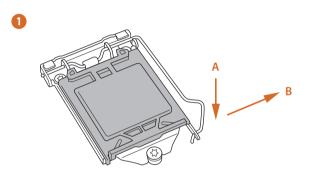
Take note of the following precautions before you install motherboard components or change any motherboard settings.

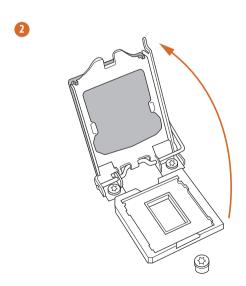
- Make sure to unplug the power cord before installing or removing the motherboard components. Failure to do so may cause physical injuries and damages to motherboard components.
- In order to avoid damage from static electricity to the motherboard's components, NEVER place your motherboard directly on a carpet. Also remember to use a grounded wrist strap or touch a safety grounded object before you handle the components.
- · Hold components by the edges and do not touch the ICs.
- Whenever you uninstall any components, place them on a grounded anti-static pad or in the bag that comes with the components.
- When placing screws to secure the motherboard to the chassis, please do not overtighten the screws! Doing so may damage the motherboard.

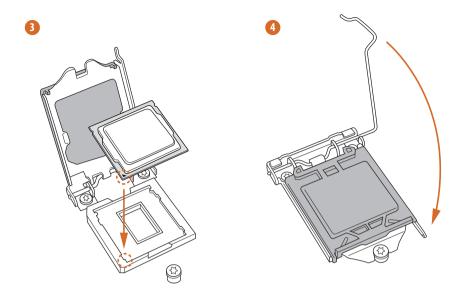
2.1 Installing the CPU

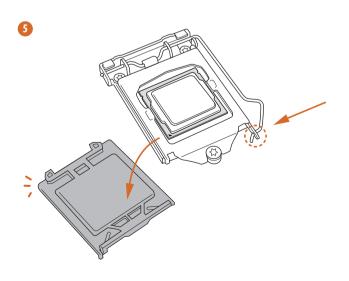


- Before you insert the 1151-Pin CPU into the socket, please check if the PnP cap is on the socket, if the CPU surface is unclean, or if there are any bent pins in the socket. Do not force to insert the CPU into the socket if above situation is found. Otherwise, the CPU will be seriously damaged.
- 2. Unplug all power cables before installing the CPU.





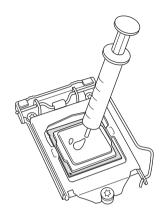


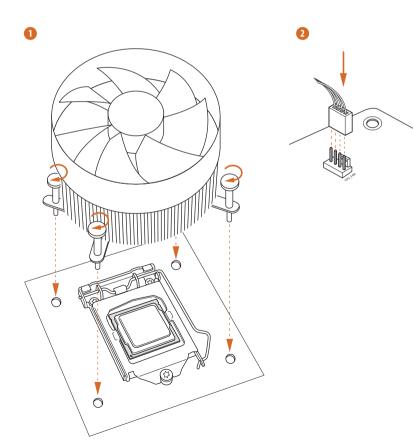




Please save and replace the cover if the processor is removed. The cover must be placed if you wish to return the motherboard for after service.

2.2 Installing the CPU Fan and Heatsink





English

2.3 Installing Memory Modules (DIMM)

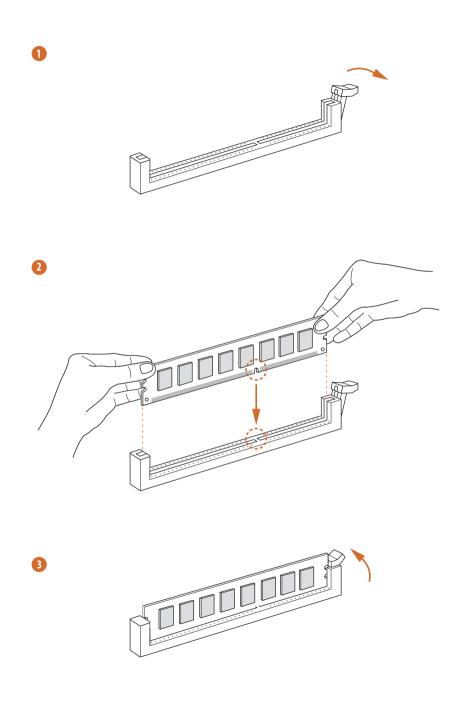
This motherboard provides two 288-pin DDR4 (Double Data Rate 4) DIMM slots, and supports Dual Channel Memory Technology.



- For dual channel configuration, you always need to install identical (the same brand, speed, size and chip-type) DDR4 DIMM pairs.
- 2. It is unable to activate Dual Channel Memory Technology with only one memory module installed.
- 3. It is not allowed to install a DDR, DDR2 or DDR3 memory module into a DDR4 slot; otherwise, this motherboard and DIMM may be damaged.



The DIMM only fits in one correct orientation. It will cause permanent damage to the motherboard and the DIMM if you force the DIMM into the slot at incorrect orientation.



2.4 Expansion Slots (PCI Express Slots)

There are 2 PCI Express slots on the motherboard.



Before installing an expansion card, please make sure that the power supply is switched off or the power cord is unplugged. Please read the documentation of the expansion card and make necessary hardware settings for the card before you start the installation.

PCIe slots:

PCIE1 (PCIe 3.0 x1 slot) is used for PCI Express x1 lane width cards. PCIE2 (PCIe 3.0 x16 slot) is used for PCI Express x16 lane width graphics cards.

2.5 Onboard Headers and Connectors



Onboard headers and connectors are NOT jumpers. Do NOT place jumper caps over these headers and connectors. Placing jumper caps over the headers and connectors will cause permanent damage to the motherboard.

System Panel Header (9-pin PANEL1) (see p.6, No. 12)



Connect the power button, reset button and system status indicator on the chassis to this header according to the pin assignments below. Note the positive and negative pins before connecting the cables.



PWRBTN (Power Button):

Connect to the power button on the chassis front panel. You may configure the way to turn off your system using the power button.

RESET (Reset Button):

Connect to the reset button on the chassis front panel. Press the reset button to restart the computer if the computer freezes and fails to perform a normal restart.

PLED (System Power LED):

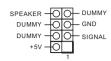
Connect to the power status indicator on the chassis front panel. The LED is on when the system is operating. The LED keeps blinking when the system is in S1/S3 sleep state. The LED is off when the system is in S4 sleep state or powered off (S5).

HDLED (Hard Drive Activity LED):

Connect to the hard drive activity LED on the chassis front panel. The LED is on when the hard drive is reading or writing data.

The front panel design may differ by chassis. A front panel module mainly consists of power button, reset button, power LED, hard drive activity LED, speaker and etc. When connecting your chassis front panel module to this header, make sure the wire assignments and the pin assignments are matched correctly.

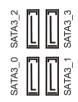
Chassis Intrusion and Speaker Header (7-pin SPK_CI1) (see p.6, No. 14)



Please connect the chassis intrusion and the chassis speaker to this header.

Serial ATA3 Connectors Right Angle: (SATA3_0: see p.6, No. 10)(Upper) (SATA3_1: see p.6, No. 11)(Lower) (SATA3_2: see p.6, No. 8)(Upper) (SATA3_3:

see p.6, No. 9)(Lower)



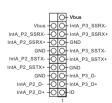
These four SATA3 connectors support SATA data cables for internal storage devices with up to 6.0 Gb/s data transfer rate.

USB 2.0 Header (9-pin USB_5_6) (see p.6, No. 7)

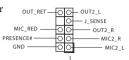


There is one USB 2.0 header on this motherboard. This USB 2.0 header can support two ports.

USB 3.2 Gen1 Header (19-pin USB3_3_4) (see p.6, No. 6)



There is one header on this motherboard. This USB 3.2 Gen1 header can support two ports. Front Panel Audio Header (9-pin HD_AUDIO1) (see p.6, No. 16)

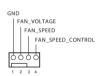


This header is for connecting audio devices to the front audio panel.



- High Definition Audio supports Jack Sensing, but the panel wire on the chassis
 must support HDA to function correctly. Please follow the instructions in our
 manual and chassis manual to install your system.
- If you use an AC'97 audio panel, please install it to the front panel audio header by the steps below:
 - A. Connect Mic_IN (MIC) to MIC2_L.
 - B. Connect Audio_R (RIN) to OUT2_R and Audio_L (LIN) to OUT2_L.
 - C. Connect Ground (GND) to Ground (GND).
 - D. MIC_RET and OUT_RET are for the HD audio panel only. You don't need to connect them for the AC'97 audio panel.
 - E. To activate the front mic, go to the "FrontMic" Tab in the Realtek Control panel and adjust "Recording Volume".

Chassis/Water Pump Fan Connector (4-pin CHA_FAN1/WP) (see p.6, No. 4)



This motherboard provides a 4-Pin water cooling chassis fan connectors. If you plan to connect a 3-Pin chassis water cooler fan, please connect it to Pin 1-3.

CPU Fan Connector (4-pin CPU_FAN1) (see p.6, No. 2)



This motherboard provides a 4-Pin CPU fan (Quiet Fan) connector. If you plan to connect a 3-Pin CPU fan, please connect it to Pin 1-3.

ATX Power Connector (24-pin ATXPWR1) (see p.6, No. 5)



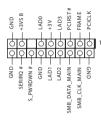
This motherboard provides a 24-pin ATX power connector. To use a 20-pin ATX power supply, please plug it along Pin 1 and Pin 13.

ATX 12V Power Connector (8-pin ATX12V1) (see p.6, No. 1)



This motherboard provides an 8-pin ATX 12V power connector. To use a 4-pin ATX power supply, please plug it along Pin 1 and Pin 5.

TPM Header (17-pin TPMS1) (see p.6, No. 13)



This connector supports Trusted Platform Module (TPM) system, which can securely store keys, digital certificates, passwords, and data. A TPM system also helps enhance network security, protects digital identities, and ensures platform integrity.

Clear CMOS Pad (CLRMOS1) (see p.6, No. 15)



CLRMOS1 allows you to clear the data in CMOS. To clear CMOS, take out the CMOS battery and short the Clear CMOS Pad

Chapter 3 Software and Utilities Operation

3.1 Installing Drivers

The Support CD that comes with the motherboard contains necessary drivers and useful utilities that enhance the motherboard's features.

Running The Support CD

To begin using the support CD, insert the CD into your CD-ROM drive. The CD automatically displays the Main Menu if "AUTORUN" is enabled in your computer. If the Main Menu does not appear automatically, locate and double click on the file "ASRSETUP.EXE" in the Support CD to display the menu.

Drivers Menu

The drivers compatible to your system will be auto-detected and listed on the support CD driver page. Please click **Install All** or follow the order from top to bottom to install those required drivers. Therefore, the drivers you install can work properly.

Utilities Menu

The Utilities Menu shows the application software that the motherboard supports. Click on a specific item then follow the installation wizard to install it.

3.2 ASRock Motherboard Utility (A-Tuning)

ASRock Motherboard Utility (A-Tuning) is ASRock's multi purpose software suite with a new interface, more new features and improved utilities.

3.2.1 Installing ASRock Motherboard Utility (A-Tuning)

ASRock Motherboard Utility (A-Tuning) can be downloaded from ASRock Live Update & APP Shop. After the installation, you will find the icon "ASRock Motherboard Utility (A-Tuning)" on your desktop. Double-click the "ASRock Motherboard Utility (A-Tuning)" icon, ASRock Motherboard Utility (A-Tuning) main menu will pop up.

3.2.2 Using ASRock Motherboard Utility (A-Tuning)

There are five sections in ASRock Motherboard Utility (A-Tuning) main menu: Operation Mode, OC Tweaker, System Info, FAN-Tastic Tuning and Settings.

Operation Mode

Choose an operation mode for your computer.



OC Tweaker

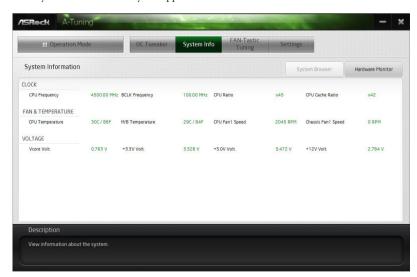
Configurations for overclocking the system.



System Info

View information about the system.

*The System Browser tab may not appear for certain models.



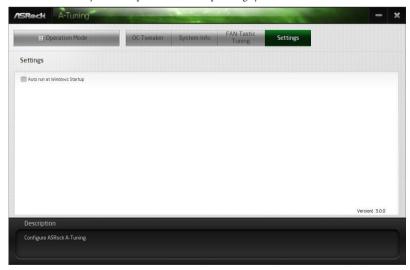
FAN-Tastic Tuning

Configure up to five different fan speeds using the graph. The fans will automatically shift to the next speed level when the assigned temperature is met.



Settings

Configure ASRock ASRock Motherboard Utility (A-Tuning). Click to select "Auto run at Windows Startup" if you want ASRock Motherboard Utility (A-Tuning) to be launched when you start up the Windows operating system.



3.3 ASRock Live Update & APP Shop

The ASRock Live Update & APP Shop is an online store for purchasing and downloading software applications for your ASRock computer. You can quickly and easily install various apps and support utilities. With ASRock Live Update & APP Shop, you can optimize your system and keep your motherboard up to date simply with a few clicks.

Double-click on your desktop to access ASRock Live Update & APP Shop utility.

*You need to be connected to the Internet to download apps from the ASRock Live Update & APP Shop.

3.3.1 UI Overview



Information Panel

Category Panel: The category panel contains several category tabs or buttons that when selected the information panel below displays the relative information.

Information Panel: The information panel in the center displays data about the currently selected category and allows users to perform job-related tasks.

Hot News: The hot news section displays the various latest news. Click on the image to visit the website of the selected news and know more.

3.3.2 Apps

When the "Apps" tab is selected, you will see all the available apps on screen for you to download.

Installing an App

Step 1

Find the app you want to install.



The most recommended app appears on the left side of the screen. The other various apps are shown on the right. Please scroll up and down to see more apps listed.

You can check the price of the app and whether you have already intalled it or not.

- Free The red icon displays the price or "Free" if the app is free of charge.
- The green "Installed" icon means the app is installed on your computer.

Step 2

Click on the app icon to see more details about the selected app.

Step 3

If you want to install the app, click on the red icon to start downloading.



Step 4

When installation completes, you can find the green "Installed" icon appears on the upper right corner.



To uninstall it, simply click on the trash can icon $\overline{\mathbb{U}}$.

^{*}The trash icon may not appear for certain apps.

Upgrading an App

You can only upgrade the apps you have already installed. When there is an available new version for your app, you will find the mark of "New Version" appears below the installed app icon.



Step 1

Click on the app icon to see more details.

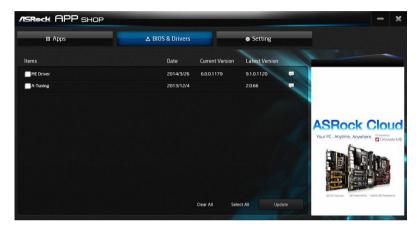
Step 2

Click on the yellow icon version to start upgrading.

3.3.3 BIOS & Drivers

Installing BIOS or Drivers

When the "BIOS & Drivers" tab is selected, you will see a list of recommended or critical updates for the BIOS or drivers. Please update them all soon.



Step 1

Please check the item information before update. Click on \simp to see more details.

Step 2

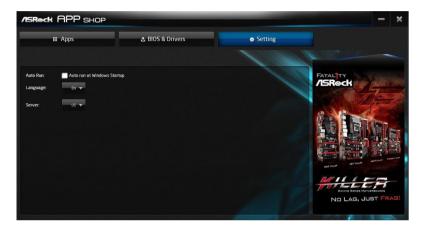
Click to select one or more items you want to update.

Step 3

Click Update to start the update process.

3.3.4 Setting

In the "Setting" page, you can change the language, select the server location, and determine if you want to automatically run the ASRock Live Update & APP Shop on Windows startup.



Chapter 4 UEFI SETUP UTILITY

4.1 Introduction

This section explains how to use the UEFI SETUP UTILITY to configure your system. You may run the UEFI SETUP UTILITY by pressing <F2> or right after you power on the computer, otherwise, the Power-On-Self-Test (POST) will continue with its test routines. If you wish to enter the UEFI SETUP UTILITY after POST, restart the system by pressing <Ctl> + <Alt> + <Delete>, or by pressing the reset button on the system chassis. You may also restart by turning the system off and then back on.



Because the UEFI software is constantly being updated, the following UEFI setup screens and descriptions are for reference purpose only, and they may not exactly match what you see on your screen.

4.2 EZ Mode

The EZ Mode screen appears when you enter the BIOS setup program by default. EZ mode is a dashboard which contains multiple readings of the system's current status. You can check the most crucial information of your system, such as CPU speed, DRAM frequency, SATA information, fan speed, etc.

Press <F6> or click the "Advanced Mode" button at the upper right corner of the screen to switch to "Advanced Mode" for more options.



No.	Function
1	Help
2	Load UEFI Defaults
3	Save Changes and Exit
4	Discard Changes
5	Change Language
6	Switch to Advanced Mode

4.3 Advanced Mode

The Advanced Mode provides more options to configure the BIOS settings. Refer to the following sections for the detailed configurations.

To access the EZ Mode, press <F6> or click the "EZ Mode" button at the upper right corner of the screen.

4.3.1 UEFI Menu Bar

The top of the screen has a menu bar with the following selections:

Main	For setting system time/date information	
OC Tweaker	For overclocking configurations	
Advanced	For advanced system configurations	
Tool	Useful tools	
H/W Monitor	Displays current hardware status	
Security	For security settings	
Boot	For configuring boot settings and boot priority	
Exit	Exit the current screen or the UEFI Setup Utility	

4.3.2 Navigation Keys

Use < \rightarrow key or < \rightarrow key to choose among the selections on the menu bar, and use < \uparrow > key or < \downarrow > key to move the cursor up or down to select items, then press <Enter> to get into the sub screen. You can also use the mouse to click your required item.

Please check the following table for the descriptions of each navigation key.

Navigation Key(s)	Description
+ / -	To change option for the selected items
<tab></tab>	Switch to next function
<pgup></pgup>	Go to the previous page
<pgdn></pgdn>	Go to the next page
<home></home>	Go to the top of the screen
<end></end>	Go to the bottom of the screen
<f1></f1>	To display the General Help Screen
<f5></f5>	Add / Remove Favorite
<f7></f7>	Discard changes and exit the SETUP UTILITY
< F9 >	Load optimal default values for all the settings
<f10></f10>	Save changes and exit the SETUP UTILITY
<f12></f12>	Print screen
<esc></esc>	Jump to the Exit Screen or exit the current screen

4.4 Main Screen

When you enter the UEFI SETUP UTILITY, the Main screen will appear and display the system overview.



My Favorite

Display your collection of BIOS items. Press F5 to add/remove your favorite items.

4.5 OC Tweaker Screen

In the OC Tweaker screen, you can set up overclocking features.





Because the UEFI software is constantly being updated, the following UEFI setup screens and descriptions are for reference purpose only, and they may not exactly match what you see on your screen.

CPU Configuration

Boot Performance Mode

Default is Max Non-Turbo performance mode. It will keep cpu Flex-ratio till OS handoff. Max Battery mode will set CPU ratio as x8 till OS handoff. This option is suggested for BCLK overclocking.

FCLK Frequency

Configure the FCLK Frequency.

Intel SpeedStep Technology

Intel SpeedStep technology allows processors to switch between multiple frequencies and voltage points for better power saving and heat dissipation.

Intel Turbo Boost Technology

Intel Turbo Boost Technology enables the processor to run above its base operating frequency when the operating system requests the highest performance state.

Intel Speed Shift Technology

Enable/Disable Intel Speed Shift Technology support. Enabling will expose the CPPC v2 interface to allow for hardware controlled P-sates.

Long Duration Power Limit

Configure Package Power Limit 1 in watts. When the limit is exceeded, the CPU ratio will be lowered after a period of time. A lower limit can protect the CPU and save power, while a higher limit may improve performance.

Long Duration Maintained

Configure the period of time until the CPU ratio is lowered when the Long Duration Power Limit is exceeded.

Short Duration Power Limit

Configure Package Power Limit 2 in watts. When the limit is exceeded, the CPU ratio will be lowered immediately. A lower limit can protect the CPU and save power, while a higher limit may improve performance.

CPU Core Current Limit

Configure the current limit of the CPU core. A lower limit can protect the CPU and save power, while a higher limit may improve performance.

GT Current Limit

Configure the current limit of the GT slice. A lower limit can protect the CPU and save power, while a higher limit may improve performance.

DRAM Configuration

DRAM Tweaker

Fine tune the DRAM settings by leaving marks in checkboxes. Click OK to confirm and apply your new settings.

DRAM Timing Configuration

DRAM Frequency Clock

Select Auto for optimized settings.

DRAM Frequency

If [Auto] is selected, the motherboard will detect the memory module(s) inserted and assign the appropriate frequency automatically.

DRAM Clock

Choose a frequency to override to clock delay for memory training. DRAM Clock controls memory training only if ASRock Timing Optimization is disabled.

Primary Timing

CAS# Latency (tCL)

The time between sending a column address to the memory and the beginning of the data in response.

RAS# to CAS# Delay and Row Precharge (tRCDtRP)

RAS# to CAS# Delay: The number of clock cycles required between the opening of a row of memory and accessing columns within it.

Row Precharge: The number of clock cycles required between the issuing of the precharge command and opening the next row.

RAS# Active Time (tRAS)

The number of clock cycles required between a bank active command and issuing the precharge command.

Command Rate (CR)

The delay between when a memory chip is selected and when the first active command can be issued

Secondary Timing

Write Recovery Time (tWR)

The amount of delay that must elapse after the completion of a valid write operation, before an active bank can be precharged.

Refresh Cycle Time (tRFC)

The number of clocks from a Refresh command until the first Activate command to the same rank.

RAS to RAS Delay (tRRD_L)

The number of clocks between two rows activated in different banks of the same rank.

RAS to RAS Delay (tRRD_S)

The number of clocks between two rows activated in different banks of the same rank.

Write to Read Delay (tWTR_L)

The number of clocks between the last valid write operation and the next read command to the same internal bank.

Write to Read Delay (tWTR_S)

The number of clocks between the last valid write operation and the next read command to the same internal bank.

Read to Precharge (tRTP)

The number of clocks that are inserted between a read command to a row precharge command to the same rank.

Four Activate Window (tFAW)

The time window in which four activates are allowed the same rank.

CAS Write Latency (tCWL)

Configure CAS Write Latency.

Third Timing

tRFFI

Configure refresh cycles at an average periodic interval.

tCKE

Configure the period of time the DDR4 initiates a minimum of one refresh command internally once it enters Self-Refresh mode.

Turn Around Timing

tRDRD sq

Configure between module read to read delay.

tRDRD_dg

Configure between module read to read delay.

tRDRD dr

Configure between module read to read delay.

tRDRD dd

Configure between module read to read delay.

tRDWR_sg

Configure between module read to write delay.

tRDWR da

Configure between module read to write delay.

tRDWR_dr

Configure between module read to write delay.

tRDWR dd

Configure between module read to write delay.

tWRRD sq

Configure between module write to read delay.

tWRRD dg

Configure between module write to read delay.

tWRRD dr

Configure between module write to read delay.

tWRRD dd

Configure between module write to read delay.

tWRWR sq

Configure between module write to write delay.

tWRWR da

Configure between module write to write delay.

tWRWR_dr

Configure between module write to write delay.

tWRWR dd

Configure between module write to write delay.

Round Trip Timing

RTL Init Value

Configure round trip latency init value for round trip latency training.

IO-L Init Value

Configure IO latency init value for IO latency training.

RTL (CH A)

Configure round trip latency for channel A.

RTL (CH B)

Configure round trip latency for channel B.

IO-L (CH A)

Configure IO latency for channel A.

IO-L (CH B)

Configure IO latency for channel B.

IO-L Offset (CH A)

Configure IO latency offset for channel A.

IO-L Offset (CH B)

Configure IO latency offset for channel B.

RFR Delay (CH A)

Configure RFR Delay for Channel A.

RFR Delay (CH B)

Configure RFR Delay for Channel B.

ODT Setting

ODT WR (A1)

Configure the memory on die termination resistors' WR for channel A.

ODT WR (B1)

Configure the memory on die termination resistors' WR for channel B.

ODT NOM (A1)

Use this to change ODT (CH A) Auto/Manual settings. The default is [Auto].

ODT NOM (B1)

Use this to change ODT (CH B) Auto/Manual settings. The default is [Auto].

ODT PARK (A1)

Configure the memory on die termination resistors' PARK for channel A.

ODT PARK (B1)

Configure the memory on die termination resistors' PARK for channel B.

COMP Setting

RCOMP0: DQ ODT (Read)

Default is 121.

RCOMP1: DQ /CLK Ron (Drive Strength)

Default is 75.

RCOMP2: CMD/CTL Ron (Drive Strength)

Default is 100.

DQ ODT Driving

Adjust ODT Driving for better signal. Default is 60.

DQ Driving

Adjust DQ Driving for better signal. Default is 26.

Command Driving

Adjust Command Driving for better signal. Default is 20.

Control Driving

Adjust Control Driving for better signal. Default is 20.

Clock Driving

Adjust Clock Driving for better signal. Default is 26.

DQ Slew Rate

Adjust DQ Slew Rate for better signal. Default is 59.

Command Slew Rate

Adjust Command Slew Rate for better signal. Default is 53 for IN, 89 for 2N.

Contorl Slew Rate

Adjust Control Slew Rate for better signal. Default is 53.

Clock Slew Rate

Adjust Clock Slew Rate for better signal. Default is 53.

MRS Setting

MRS tCL

Configure the tCL for Memory MRS MR0.

MRS tWRtRTP

Configure the tWRtRTP for Memory MRS MRC.

MRS tCWL

Configure the tCWL for Memory MRS MR2.

MRS tCCD L

Configure the tCL for Memory MRS MR6.

Advanced Setting

ASRock Timing Optimization

Configure the fast path through the MRC.

Realtime Memory Timing

Configure the realtime memory timings.

 $[Enabled] \ \ The system will allow performing realtime memory timing changes after MRC \ \ DONE.$

Command Tristate

Configure the Command Tristate Support.

Exit On Failure

Configure the Exit On Failure for MRC training steps.

Reset On Training Fail

Reset system if the MRC training fails.

MRC Fast Boot

Enable Memory Fast Boot to skip DRAM memory training for booting faster.

Voltage Configuration

DRAM Voltage

Use this to configure DRAM Voltage. The default value is [Auto].

PCH +1.0 Voltage

Configure the chipset voltage (1.0V).

Save User Default

Type a profile name and press enter to save your settings as user default.

Load User Default

Load previously saved user defaults.

Save User UEFI Setup Profile to Disk

Save current UEFI settings as an user default profile to disk.

Load User UEFI Setup Profile to Disk

Load previously saved user defaults from the disk.

4.6 Advanced Screen

In this section, you may set the configurations for the following items: CPU Configuration, Chipset Configuration, Storage Configuration, Super IO Configuration, ACPI Configuration, USB Configuration and Trusted Computing.





Setting wrong values in this section may cause the system to malfunction.

UEFI Configuration

UEFI Setup Style

Select the default mode when entering the UEFI setup utility.

Active Page on Entry

Select the default page when entering the UEFI setup utility.

Full HD UEFI

When [Auto] is selected, the resolution will be set to 1920×1080 if the monitor supports Full HD resolution. If the monitor does not support Full HD resolution, then the resolution will be set to 1024×768 . When [Disable] is selected, the resolution will be set to 1024×768 directly.

4.6.1 CPU Configuration



Intel Hyper Threading Technology

Intel Hyper Threading Technology allows multiple threads to run on each core, so that the overall performance on threaded software is improved.

Active Processor Cores

Select the number of cores to enable in each processor package.

CPU C States Support

Enable CPU C States Support for power saving. It is recommended to keep C3, C6 and C7 all enabled for better power saving.

Enhanced Halt State (C1E)

Enable Enhanced Halt State (C1E) for lower power consumption.

CPU C6 State Support

Enable C6 sleep state for lower power consumption.

CPU C7 State Support

Enable C7 sleep state for lower power consumption.

Package C State Support

Enable CPU, PCIe, Memory, Graphics C State Support for power saving.

CFG Lock

This item allows you to disable or enable the CFG Lock.

CPU Thermal Throttling

Enable CPU internal thermal control mechanisms to keep the CPU from overheating.

Intel Virtualization Technology

Intel Virtualization Technology allows a platform to run multiple operating systems and applications in independent partitions, so that one computer system can function as multiple virtual systems.

Hardware Prefetcher

Automatically prefetch data and code for the processor. Enable for better performance.

Adjacent Cache Line Prefetch

Automatically prefetch the subsequent cache line while retrieving the currently requested cache line. Enable for better performance.

Software Guard Extensions (SGX)

Use this item to enable or disable Software Controlled Software Guard Extensions (SGX).

4.6.2 Chipset Configuration



Primary Graphics Adapter

Select a primary VGA.

Above 4G Decoding

Enable or disable 64bit capable Devices to be decoded in Above 4G Address Space (only if the system supports 64 bit PCI decoding).

VT-d

Intel® Virtualization Technology for Directed I/O helps your virtual machine monitor better utilize hardware by improving application compatibility and reliability, and providing additional levels of manageability, security, isolation, and I/O performance.

PCIE1 Link Speed

Select the link speed for PCIE1.

PCIE2 Link Speed

Select the link speed for PCIE2.

PCI Express Native Control

Select Enable for enhanced PCI Express power saving in OS.

PCIE ASPM Support

This option enables/disables the ASPM support for all CPU downstream devices.

PCH PCIE ASPM Support

This option enables/disables the ASPM support for all PCH PCIE devices.

DMI ASPM Support

This option enables/disables the control of ASPM on CPU side of the DMI Link.

PCH DMI ASPM Support

This option enables/disables the ASPM support for all PCH DMI devices.

Share Memory

Configure the size of memory that is allocated to the integrated graphics processor when the system boots up.

IGPU Multi-Monitor

Select disable to disable the integrated graphics when an external graphics card is installed. Select enable to keep the integrated graphics enabled at all times.

Onboard HD Audio

Enable/disable onboard HD audio. Set to Auto to enable onboard HD audio and automatically disable it when a sound card is installed.

Front Panel

Enable/disable front panel HD audio.

Onboard HDMI HD Audio

Enable audio for the onboard digital outputs.

Deep Sleep

Configure deep sleep mode for power saving when the computer is shut down.

Restore on AC/Power Loss

Select the power state after a power failure. If [Power Off] is selected, the power will remain off when the power recovers. If [Power On] is selected, the system will start to boot up when the power recovers.

4.6.3 Storage Configuration



SATA Controller(s)

Enable/disable the SATA controllers.

SATA Mode Selection

[AHCI] Supports new features that improve performance.

[Intel RST Premium (RAID)] Combine multiple disk drives into a logical unit.

SATA Aggressive Link Power Management

SATA Aggressive Link Power Management allows SATA devices to enter a low power state during periods of inactivity to save power. It is only supported by AHCI mode.

Hard Disk S.M.A.R.T.

S.M.A.R.T stands for Self-Monitoring, Analysis, and Reporting Technology. It is a monitoring system for computer hard disk drives to detect and report on various indicators of reliability.

4.6.4 Super IO Configuration



PS2 Y-Cable

Enable the PS2 Y-Cable or set this option to Auto.

4.6.5 ACPI Configuration



Suspend to RAM

Select disable for ACPI suspend type S1. It is recommended to select auto for ACPI S3 power saving.

PS/2 Keyboard Power On

Allow the system to be waked up by a PS/2 Keyboard.

PCIE Devices Power On

Allow the system to be waked up by a PCIE device and enable wake on LAN.

RTC Alarm Power On

Allow the system to be waked up by the real time clock alarm. Set it to By OS to let it be handled by your operating system.

USB Keyboard/Remote Power On

Allow the system to be waked up by an USB keyboard or remote controller.

USB Mouse Power On

Allow the system to be waked up by an USB mouse.

4.6.6 USB Configuration



Legacy USB Support

Enable or disable Legacy OS Support for USB 2.0 devices. If you encounter USB compatibility issues it is recommended to disable legacy USB support. Select UEFI Setup Only to support USB devices under the UEFI setup and Windows/Linux operating systems only.

XHCI Hand-off

This is a workaround for OSes without XHCI hand-off support. The XHCI ownership change should be claimed by XHCI driver.

4.6.7 Trusted Computing



Security Device Support

Enable or disable BIOS support for security device.

4.7 Tools



UEFI Tech Service

Contact ASRock Tech Service if you are having trouble with your PC. Please setup network configuration before using UEFI Tech Service.

Easy RAID Installer

Easy RAID Installer helps you to copy the RAID driver from the support CD to your USB storage device. After copying the drivers please change the SATA mode to RAID, then you can start installing the operating system in RAID mode.

Instant Flash

Save UEFI files in your USB storage device and run Instant Flash to update your UEFI.

Internet Flash - DHCP (Auto IP), Auto

ASRock Internet Flash downloads and updates the latest UEFI firmware version from our servers for you. Please setup network configuration before using Internet Flash.

*For BIOS backup and recovery purpose, it is recommended to plug in your USB pen drive before using this function.

Network Configuration

Use this to configure internet connection settings for Internet Flash.



Internet Setting

Enable or disable sound effects in the setup utility.

UEFI Download Server

Select a server to download the UEFI firmware.

4.8 Hardware Health Event Monitoring Screen

This section allows you to monitor the status of the hardware on your system, including the parameters of the CPU temperature, motherboard temperature, fan speed and voltage.



Fan Tuning

Measure Fan Min Duty Cycle.

Fan-Tastic Tuning

Select a fan mode for CPU Fans 1&2, or choose Customize to set 5 CPU temperatures and assign a respective fan speed for each temperature.

CPU Fan 1 Setting

Select a fan mode for CPU Fans 1, or choose Customize to set 5 CPU temperatures and assign a respective fan speed for each temperature.

CPU Fan Step Up

Set the value of CPU Fan Step Up.

CPU Fan Step Down

Set the value of CPU Fan Step Down.

CHA_FAN1 / W_Pump Switch

Select Chassis Fan 1 or Water Pump mode.

Englis

Chassis Fan 1 Control Mode

Select PWM mode or DC mode for Chassis Fan 1.

Chassis Fan 1 Setting

Select a fan mode for Chassis Fan 1, or choose Customize to set 5 CPU temperatures and assign a respective fan speed for each temperature.

Chassis Fan 1 Temp Source

Select a fan temperature source for Chassis Fan 1.

Chassis Fan 1 Step Up

Set the value of Chassis Fan 1 Step Up.

Chassis Fan 1 Step Down

Set the value of Chassis Fan 1 Step Down.

Over Temperature Protection

When Over Temperature Protection is enabled, the system automatically shuts down when the motherboard is overheated.

Case Open Feature

Enable or disable Case Open Feature to detect whether the chassis cover has been removed.

4.9 Security Screen

In this section you may set or change the supervisor/user password for the system. You may also clear the user password.



Supervisor Password

Set or change the password for the administrator account. Only the administrator has authority to change the settings in the UEFI Setup Utility. Leave it blank and press enter to remove the password.

User Password

Set or change the password for the user account. Users are unable to change the settings in the UEFI Setup Utility. Leave it blank and press enter to remove the password.

Secure Boot

Use this item to enable or disable support for Secure Boot.

Intel(R) Platform Trust Technology

Enable/disable Intel PTT in ME. Disable this option to use discrete TPM Module.

4.10 Boot Screen

This section displays the available devices on your system for you to configure the boot settings and the boot priority.



Fast Boot

Fast Boot minimizes your computer's boot time. In fast mode you may not boot from an USB storage device. The VBIOS must support UEFI GOP if you are using an external graphics card. Please notice that Ultra Fast mode will boot so fast that the only way to enter this UEFI Setup Utility is to Clear CMOS or run the Restart to UEFI utility in Windows.

Boot From Onboard LAN

Allow the system to be waked up by the onboard LAN.

Setup Prompt Timeout

Configure the number of seconds to wait for the setup hot key.

Bootup Num-Lock

Select whether Num Lock should be turned on or off when the system boots up.

Boot Beep

Select whether the Boot Beep should be turned on or off when the system boots up. Please note that a buzzer is needed.

Full Screen Logo

Enable to display the boot logo or disable to show normal POST messages.

AddOn ROM Display

Enable AddOn ROM Display to see the AddOn ROM messages or configure the AddOn ROM if you've enabled Full Screen Logo. Disable for faster boot speed.

Boot Failure Guard Message

If the computer fails to boot for a number of times the system automatically restores the default settings.

CSM (Compatibility Support Module)



CSM

Enable to launch the Compatibility Support Module. Please do not disable unless you're running a WHCK test.

Launch PXE OpROM Policy

Select UEFI only to run those that support UEFI option ROM only. Select Legacy only to run those that support legacy option ROM only. Select Do not launch to not execute both legacy and UEFI option ROM.

Launch Storage OpROM Policy

Select UEFI only to run those that support UEFI option ROM only. Select Legacy only to run those that support legacy option ROM only. Select Do not launch to not execute both legacy and UEFI option ROM.

Other PCI Device ROM Priority

For PCI devices other than Network. Mass storage or Video defines which OpROM to launch.

4.11 Exit Screen



Save Changes and Exit

When you select this option the following message, "Save configuration changes and exit setup?" will pop out. Select [OK] to save changes and exit the UEFI SETUP UTILITY.

Discard Changes and Exit

When you select this option the following message, "Discard changes and exit setup?" will pop out. Select [OK] to exit the UEFI SETUP UTILITY without saving any changes.

Discard Changes

When you select this option the following message, "Discard changes?" will pop out. Select [OK] to discard all changes.

Load UEFI Defaults

Load UEFI default values for all options. The F9 key can be used for this operation.

Launch EFI Shell from filesystem device

Copy shellx64.efi to the root directory to launch EFI Shell.

English

Contact Information

If you need to contact ASRock or want to know more about ASRock, you're welcome to visit ASRock's website at http://www.asrock.com; or you may contact your dealer for further information. For technical questions, please submit a support request form at https://event.asrock.com/tsd.asp

ASRock Incorporation

2F., No.37, Sec. 2, Jhongyang S. Rd., Beitou District,

Taipei City 112, Taiwan (R.O.C.)

ASRock EUROPE B.V.

Bijsterhuizen 11-11

6546 AR Nijmegen

The Netherlands

Phone: +31-24-345-44-33

Fax: +31-24-345-44-38

ASRock America, Inc.

13848 Magnolia Ave, Chino, CA91710

U.S.A.

Phone: +1-909-590-8308

Fax: +1-909-590-1026

DECLARATION OF CONFORMITY

Per FCC Part 2 Section 2.1077(a)



Responsible Party Name: ASRock Incorporation

Address: 13848 Magnolia Ave, Chino, CA91710

Phone/Fax No: +1-909-590-8308/+1-909-590-1026

hereby declares that the product

Product Name: Motherboard

Model Number: H370M-HDV

Conforms to the following specifications:

Supplementary Information:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Representative Person's Name: <u>James</u>

Signature: James

Date: May 12, 2017

EU Declaration of Conformity /SRock



For the following equipment:	
Motherboard	
(Product Name)	
H370M-HDV / ASRock	
(Model Designation / Trade Name)	
ASRock Incorporation	
(Manufacturer Name)	
2F., No.37, Sec. 2, Jhongyang S. Rd., Beitou Distr	rict, Taipei City 112, Taiwan (R.O.C.)
(Manufacturer Address)	
⋈ EMC —Directive 2014/30/EU (from April 20th, 2016)
☐ EN 55022:2010/AC:2011 Class B	⊠ EN 55024:2010/A1:2015
⊠ EN 55032:2012+AC:2013 Class B	⊠ EN 61000-3-3:2013
⊠ EN 61000-3-2:2014	
□ LVD —Directive 2014/35/EU (from April 20th 2016)
☐ EN 60950-1 : 2011+ A2: 2013	□ EN 60950-1 : 2006/A12: 2011
	EN 00/30 1. 2000/112. 2011
RoHS — Directive 2011/65/EU	
⊠ <u>CE marking</u>	
	(Ell conformity monking)
	(EU conformity marking)
	ϵ
ASRock EUROPE B.V.	
(Company Name)	
Bijsterhuizen 1111 6546 AR Nijmegen The Netl	herlands
(Company Address)	ileriands
Person responsible for making this declaration:	
Same	
Janes	
(Name, Surname)	
A.V.P	
(Position / Title)	
November 6, 2020	
(Date)	

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