

Outdoor Sports Watch
User Manual
50032, 50033, 50034







# Thank you for your purchase of this Lotus SmarTime watch.

This manual gives a full explanation of its operation and functions.

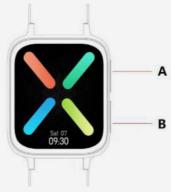
Please note that **Festina Lotus SA** reserves the right to make changes to the contents of this manual without prior notice.

Your purchase should include the smart watch itself, an additional strap and a charging cable.

This product should not be worn when showering or used in a sauna/steam room as it is not possible to prevent steam entering the watch. Any water damage to the product due to non-compliance to this instruction will not be covered by the warranty.

# 1. Introducción a las funciones

### 1.1 Buttons:



**A:** Press the button to enter into sports mode or to wake up the display.

**B:** Press and hold on the button to turn on/off the watch. Press the button to turn on/off the display. Or press to get back to the dial from any function.

# 1.2 Charging Guide

Magnetic charging is as shown below. Supports PC USB or 5V charger. It takes about 2 hours to fully charge.



A Be aware that the two pins of the USB cable are not allowed to contact the conductor at the same time, or it will cause short circuit and burn.

# 1.3 Shortcuts

- 1) Slide left to right to enter the default rotating menu interface, rotate the menu, click an Icon or Word to select the functions, press button B to back to the screen.
- 2) Slide down to find shortcuts
- **3)** Slide right to left to enter Data, Heart Rate and again for Sleep data.
- 4) Slide up to find messages.
- **5)** Press and hold the Dial to change the Dial and press to confirm.

## 1.4 Down slide menu

- 1) **1** Non disturb mode
- 2) ① Power saving mode
- 3) **Audio Bluetooth, on & off**
- 4) 🕸 Brightness adjustment
- 5) ③ Settings (Languages, Display, Vibration, Menu style, QR Code, Battery, System)
- 6) S Find phone

# Slide to left to find Page 2:

- 7) 1 About, shows FW version and MAC
- 8) ( Shutdown

# 2. Menu

## 2.1 Call records

can save the records of connected and dialed calls. It can save more than 10 call records, and it will be automatically overwritten when full. Click any call record to call back.

# 2.2 Contact person

Connect the APP, enter the APP - Device - Frequent contacts - Add contacts - Sync to watch (can sync 10 frequently contacts).

# 2.3 Telephone

Press "Audio Bluetooth" Icon to turn on/off the Bluetooth calling. When the Bluetooth calling is turned on, the Audio Bluetooth Name, like BT-XXX is visible. Go to the Bluetooth of phone and connect the Audio Bluetooth. After the Audio Bluetooth connection is done, you can use the watch to answer/ hang up the phone.

**Remarks**: Audio Bluetooth will auto turn off after half an hour. It can auto connect to the phone when it is activated.

### 2.4 Music

When connected to the APP, you can control the mobile phone music (previous song, next song, start, pause function, volume).

### 2.5 Work out

Choose between Walking, Running, Cycling, Hiking, Basketball, Yoga and Elliptical.

By pressing the sport selected, the session start. Slide from left to right to pause and click to end the sport and save the data. The session will be saved if it last more than 5 min. Otherwise screen pops up "too little data to save".

### 2.6 Data

Your daily Steps, Calories and Distance are displayed here.

## 2.7 Workout records

Analyze your work out records data. Also visible in app after sync. Swipe up to find all work out data.

### 2.8 Heart rate

Wear the watch on your wrist, enter Heart rate and it starts to measure. The data will be output in 10 seconds, and the measurement is completed in 10-20 seconds.

# 2.9 Blood pressure

Wear the watch on your wrist, enter Blood pressure and it starts to measure. The data will be output in 10 seconds, and the measurement is completed in 10-20 seconds.

# 2.10 Sleep

Your sleep duration and quality will be recorded every day from 21 o'clock PM to 12 o'clock AM in next morning. View deep sleep, light sleep, and total sleep duration. Please connect to the APP daily to sync your sleep data.

### **2.11 Alarm**

Connect the APP and set the Alarm in the APP. The alarm will be synced to the watch and can be turned on/off in the watch.

## 2.12 Stopwatch

Press the arrow to start.

#### 2.13 Timer

Press selected time and press arrow to start. The watch vibrate when time is over.

# 2.14 Messages:

Connect to the APP. The APP needs to obtain the SMS or other APP notification permission of the mobile phone first. Then the device will synchronize the notifications from mobile phone.

# 2.15 Find phone

Connect the watch with the APP, click "Find phone", phone vibrates and sound unless muted.

# 2.16 Settings

## 2.16.1 Languages:

There are 6 optional languages. The language of the watch will be identical with the language of the phone that it connects to. If not available, the default language is English.

## 2.16.2 Display:

- 1) Watch face switch, there are five built-in watch faces for optional, but you can also download from app for options.
- 2) Brightness, set display brightness.
- **3)** Screen time, set the display light time duration
- **4)** Raise to wake, when enabled you can light up the display by rotating your wrist.
- 5) Vibration intensity, set any of three levels.
- **6)** Menu style, set List style menu or Smart style menu.
- **7)** QR code, scan the QR code to download the APP.
- **8)** Power saving mode, when enabled the brightness of screen turn to lower level and Bluetooth will be turned off.
- 9) System:

**About**, Bluetooth name, Mac address and Firmware version

**Reset**, click " $\sqrt{}$ " to reset the watch and click "X" to cancel the factory reset.

**Shutdown**: click "√" to power off the watch and click "X" to cancel the shutdown.

# 3. Connect to the APP

### 3.1 Download and install the APP

Scan the following QR CODE to download and install the APP.



Connect the device and the mobile phone, download APP "Lotus SmarTime" and install.

• Android Google play search" LOTUS Smartime" and install, logo like:



• iOS: Apple store search" LOTUS Smartime" and install, logo like:



**Remarks**: Please approve all permissions when installing the APP to get full functionality.

After installing the APP, click "Lotus SmarTime" and turn on the Bluetooth, there will pop up activation notification, please confirm it. Enter into the Device>>Connect watch to enter into searching device interface, select Lotus S9 and connect it.

**Remarks**: some phones with Android OS should turn on the GPS to get the Bluetooth.

# 3.2. Message notifications:

Enter mobile Settings-Apps-Lotus Smar-Time-Permissions, turn on all permissions.

Enter mobile Settings-Notifications-Lotus SmarTime, turn on all permissions.

And then go to the APP and turn on "SMS" in the APP. The watch display message notification and vibrate when there is incoming message.

### Others APP notification:

Turn on corresponding APP notifications in the APP, such as WeChat, Outlook, Facebook,etc., notifications. The watch display corresponding APP notifications when there is incoming APP notifications.

# Simple way to common problems:

Because there is difference between different mobile phones, sometimes the unstable connection between phone and watch happens. Please turn off the Bluetooth of phone and reconnect the watch. Restart the phone/ the watch or reset the watch if it doesn't work.

# 3.3. Connect the watch with Bluetooth

Disconnect: Connected: N

# 3.3.1 Connected APP status:

Time sync: The timing of the watch sync to the phone when it is connected.

### 3.3.2 connect the Audio Bluetooth

Slide the main screen from up to down to the shortcut interface, click the icon to open the Audio Bluetooth on watch. Then go to the Bluetooth of the phone, find the corresponding Bluetooth name to connect.

# 3.4 Disconnect watch

Disconnect the watch in the app; Device/Disconnect watch. Disconnect Audio Bluetooth by using Shortcut in watch and tap the telephone icon.

iPhone users need to take Forget device in Bluetooth menu in mobile as well.

Please note you must be connected to have the data synchronized and saved in the app.

### 3.5 Find Watch

If connected, tap Find Watch in app to localize the watch. The watch display lights up and vibrate. Confirm found watch by pressing the button.

### 3.6 Camera

Tap "Shake to take a picture" in the app to activate remote camera in the watch. Tap the Camera icon on the watch take a photo. Pictures will be saved in the phone gallery automatically.

# 3.6 Synchronization

Connect the watch with the app. It will sync the watch data to the app automatically.

### 3.7 Tilt to wake

When enabling Tilt to wake in app, the watch will light up by you tilting your wrist.

### 3.8 Do not disturb mode

If you wish to not be disturbed by watch for any notifications, you enable the DND mode. You can also set for a certain period or any time. After entering your settings in App/Device/More/Do not disturb you press save to activate.

### 3.9 Alarm

Set the alarm in App/Device/More/Alarm. After setting and saving the alarm in the app the watch will be synced.

# 3.10 Sedentary reminder

Set your sedentary reminder in App/Device/ More/Sedentary reminder. Set start and end time, reminder frequency, sedentary threshold, repeat time and repeating date. The watch vibrate and sedentary icon pop up when it is time to move.

### 3.11 Drink water reminder

Set you Drink water reminder in App/Device/ More/Drink water reminder. Set start and end time, reminder frequency and turn on the bar of "Drink water reminder" and save. The watch vibrates and a drinking water icon pops up on the screen to remind you.

# 3.12 Watch face

When connected you can select between several dials in the app and push it to the watch. Go to App/Device/Watch face, select your favourite dial by tapping it and tap Sync to watch. The watch restarts when selected Dial is uploaded.

To customize a dial, go to App/Device/Watch face, select the dial with a camera icon. Tap on the dial and Chose to Take a photo or Select from album. When ready, tap Sync to watch. The watch restarts when the dial is synchronized.

## 3.13 Firmware version

The watch firmware version is indicated here and if there is a new version for the watch it will be noticed. To update the firmware, please follow the instructions in the app.

# **FAQ**

Please avoid prolonged exposure of this device to extreme temperatures as it may cause permanent damage.

# Why can't I wear the watch to take a hot shower?

When the water temperature changes rapidly, water vapor or condensation is created. The water vapor is in the gas phase and the size of the molecular so minute so it can easily enter the watch. The internal circuit of the watch can then short-circuit, which may damage the circuit board of the watch and affect the functioning of the watch.

# Why wont the watch turn on? Why won't it charge?

If when you receive the watch and it does not power up immediately, it may be that a collision during the transport of the watch has affected the battery. Plug in the charging cable for activation.

If the battery level is too low, or if the watch has not been used for a long time and will not turn on, please plug in the charging cable and charge it for more than half hour to activate it.

# **Disclaimer**

The method of capturing the heart rate through an optical sensor used by this LO-TUS watch does not reach the level of precision and accuracy of a professional medical device, nor can it guarantee the equivalent stable readings. The watch cannot replace a medical device in its function of detecting or diagnosing pathologies, heart or other diseases.

Consequently and with respect to this function, the device is for recreational use only. Multiple factors (including level of skin contact, pigmentation, tattoos, sudden arm movements etc) can alter the accuracy of the data provided by the sensor. Please keep in mind that the actual heart rate may be higher or lower than the reading indicated by the optical sensor at a given time.

If you suspect any anomaly, always consult your doctor and in case of emergency, immediately contact the emergency services in your area.

**Festina Lotus SA** assumes no responsibility for any claim that may arise from the use and / or interpretation that the user of the device and / or third parties may make of the heart rate information provided by their devices.