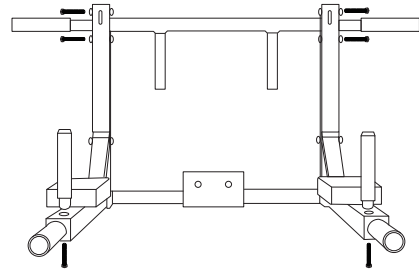
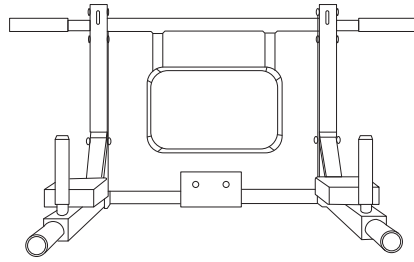


User Manual

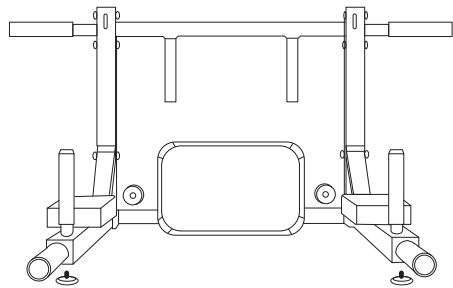
Multifunctional pull-up rack on wall



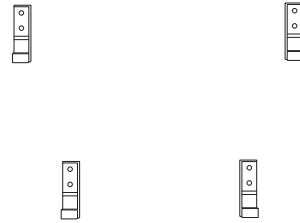
5. Connect two F to each side of the parallel bar with two 3 screws



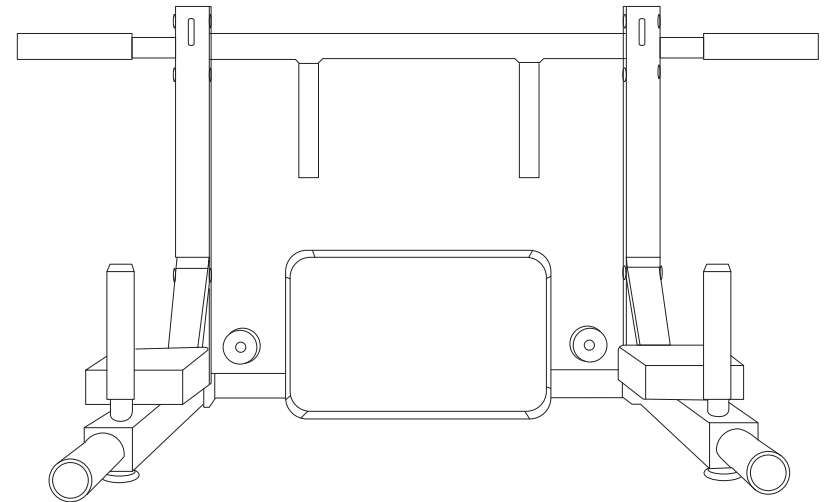
6. Connect H to the middle of the C bar with two 3 screws

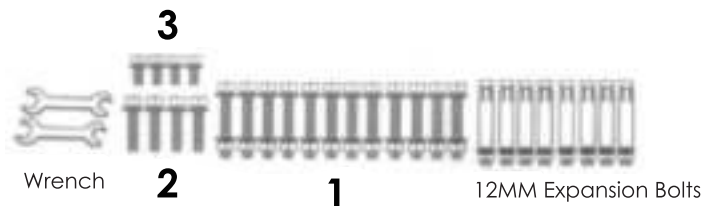
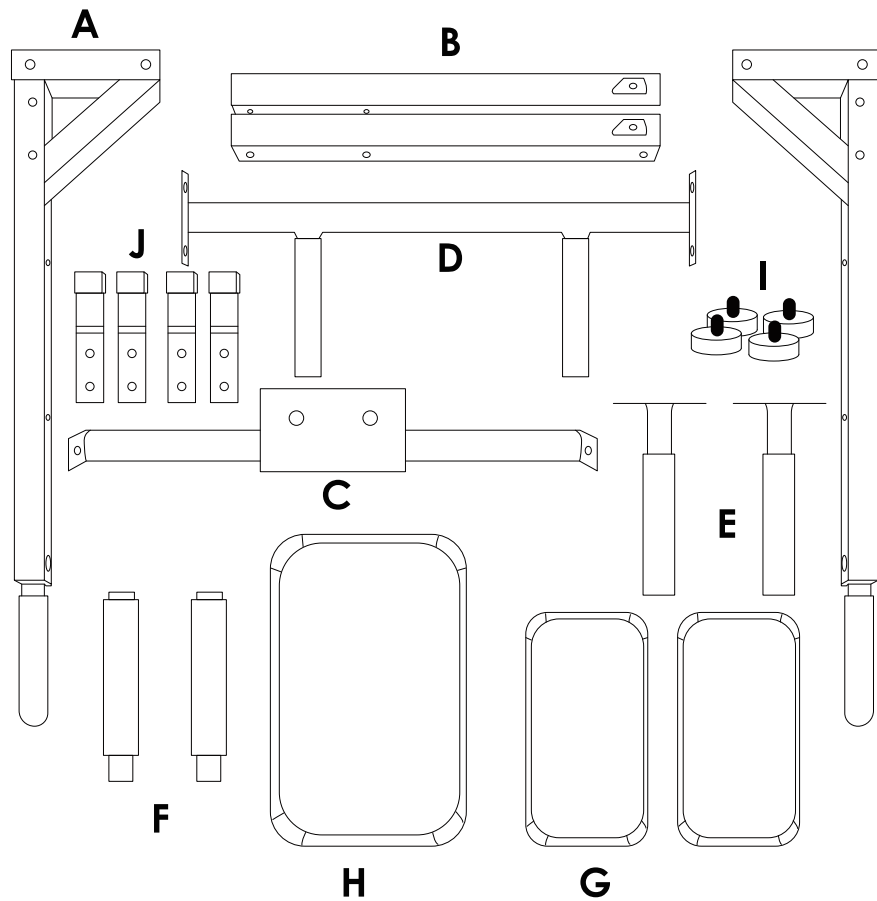


7. Screw for I to four corners of the parallel bar, respectively.



8. Mark the wholes accordingly on the wall, then drill each whole with a 12MM drill. Hammer expansion bolts into drilled wholes and then Put all J on.



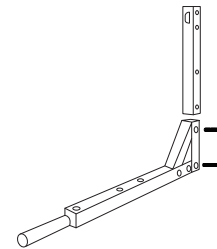


1

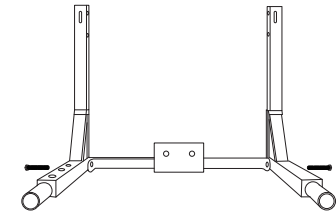
Precautions:



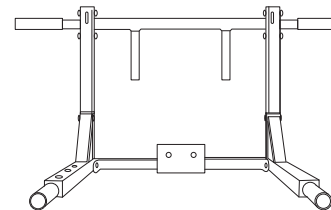
1. The product should be installed on the solid cement wall, solid red brick wall or solid the wall.
2. You'd better not install the product on hollow brick wall, honeycomb brick wall and sandwich panel.
3. It is advised that the parallel bar should be fixed at the height of 50-60CM.
4. Do not tighten all screws at the time of installation, tighten them after complete installation.
5. The unilateral load-bearing is 150KG, with 300KG on both sides, and the load is ultimately determined by the robustness of the wall



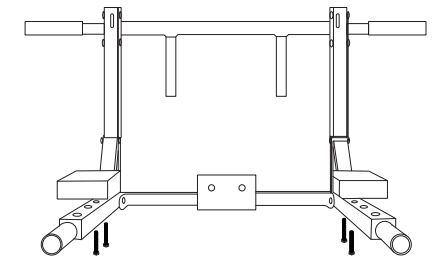
1.Connect the two sets of A and B with four 1 screws



2.Put C in the middle of the parallel bar and with four 1 screws to connect it



3.Fix D with four 1 screws and connect two E to the sides of D at the same time



4.Connect two G to each side of the parallel bar with four 2 screws

2