

**WARNING!**

Our insoles may not be suitable for individuals with severe foot deformities or circulatory disorders that can lead to infections or foot ulcerations. If you are experiencing persistent pain, discomfort, or swelling, it is important to consult with a medical professional before using our insoles or any other foot care product. By seeking the advice of a medical professional, you can ensure that you are using the most appropriate and effective products for your specific needs and conditions.

**FEEETZ**  
INSOLES ENGINEERED BY PODIATRISTS

Our insoles are the result of years of experience and expertise in the field of podiatry. As podiatrists with over ten years of experience and a track record of successfully treating over 10,000 patients with foot, knee, hip, and lower back problems, we understand the importance of proper foot support and comfort. That's why we designed our insoles in our own lab in Belgium, using the latest technologies and materials to ensure that they provide the highest level of support and comfort possible. With our insoles, you can trust that you are getting a product that is not only backed by our years of experience, but also designed with the specific needs of your feet in mind. Try our insoles today and experience the difference for yourself!

**HOW TO USE**

To get the best results from our insoles, it's important to wear them as often as possible. We recommend wearing them at least 80% of the time, whether you're at work, running errands, or participating in your favorite activities. This will allow the insoles to fully support and cushion your feet, helping to reduce fatigue and discomfort. To use the insoles, simply remove the existing insoles from your shoes (if applicable) and replace them with our insoles. The insoles come with lines at the back that serve as a guide for trimming.



**GRADUALLY**

We recommend wearing the insoles for just a few hours a day at first, and then slowly increasing the wear time as your feet and body get used to them. This can help prevent any discomfort or irritation that may occur as your feet and body adjust to the added support and cushioning.

CE

Designed in Belgium  
Made in P.R.C.