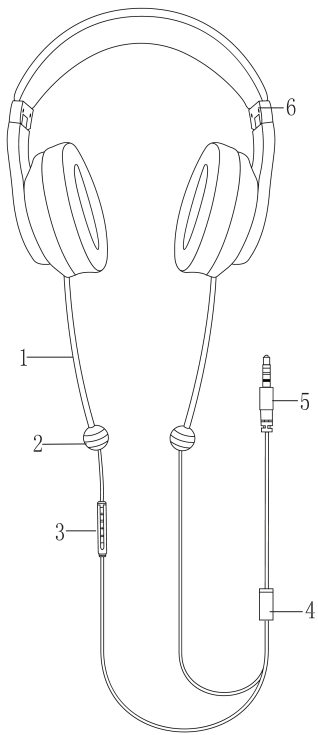


# DIAGRAM



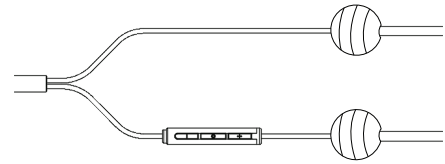
- 1. AIR TUBE
- 2. SPEAKER
- 3. MICROPHONE/CONTROL SWITCH
- 4. SPLITTER
- 5. 3.5MM/4P JACK
- 6. ADJUSTABLE HEADPIECE

# HOW TO USE

1. Modify the adjustable headpiece of the DefenderShield® Headphones to fit your head. Ensure the headphones are worn correctly by checking the left and right (L/R) symbols located above each earpad. Proper fit should be comfortable with a light seal between the padded ear pads and your ears.
2. Plug the headphones into your device. For devices without a 3.5mm headphone jack, use appropriate adapter (for iPhone models 7 and later, use a lightning adapter; for other phones, use a USB-C adapter or adapter specific to your device).
3. Use the 3 buttons on the microphone body to control your device's audio and speaker options, detailed on page 4.
4. When not in use, fold headphones and place inside case without bending/kinking the air tubing.

### EMF INFORMATION

To further reduce EMF radiation exposure, we recommend using the DefenderShield® Headphones in conjunction with other DefenderShield® products. DefenderShield® EMF protection products for cell phones, tablets, laptops and other devices block EMF emissions from your body.



TASK	OPERATION
Answer or end a call	Press once on center button.
Play or pause music (not available while on a call)	Press once on center button.
Shuffle between songs	Press twice, rapidly, on center button.
Access the microphone for Voice Assistant	Hold down center button for two seconds.
Raise volume (+)	Press left button closest to earbud.
Lower volume (-)	Press right button closest to audio jack.

NOTE: Not all features listed above are supported by all phones. Check your phone's user guide for more information.