

70.00 mm

# Smartwatch Instruction Manual

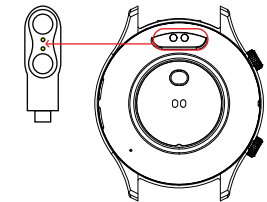


Please read the instructions carefully before using it.

100.00 mm

## The Charging and Activation of Smartwatch

1. When using the smartwatch for the first time, you need to ensure that its power is sufficient. The low electricity will make it not be turned on, so firstly please charge it for more than 2 hours. Then the watch will be automatically turned on after charging.  
2.As shown in the figure, the magnetic cable is automatically adsorbed to the charging position of the watch.



## APP "FitCloudPro" downloading

Android: Search for FitCloudPro in the App marketplace to download it.  
IOS: Search FitCloudPro in the App Store for downloading. Or download it by scanning the QR code.



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## Operation Introduction

1) Swiping screen to the left: Enter function options, exercise data, exercise, heart rate, sleep, blood pressure, blood oxygen, weather, music and more options.  
2)Swiping screen to the right : Enter the split screen mode of selection function.  
3)Sliding down the screen: Enter the settings option, which can be selected: brightness adjustment, non- disturbing mode, tracking phone, system, settings.  
4) Sliding up the screen: Display information.  
5)"Long press the screen" on the watch, such as the dial becomes smaller, sliding around to replace different dial.



## Key function

1.Top button: Short press on the dial of the home page to enter the menu style; double click on the menu style interface to switch styles; short press on other pages to return to the home page; long press to enter the shutdown page; long press to turn on the watch when it is powered off;  
2.Down button: Customized side button function. By default, click: Sports; long press: Music (corresponding function of skipping can be modified) Supported options (No function, menu, pause screen, back, sports, data, heart rate, blood pressure, music, voice assistant, breathing training, stopwatch, timer, female, dial, common contacts, camera)



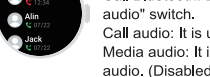
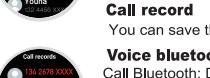
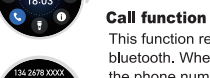
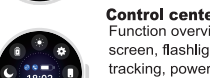
## Procedure for bluetooth connection

1. Download and open the FitCloudpro APP, then turn on call audio as well as media audio of the watch and bluetooth of the mobile phone at the same time, search for the name of the corresponding bluetooth device, finally link AAP with audio bluetooth in one click.

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## Dial switching

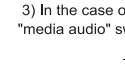
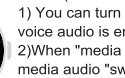
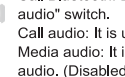
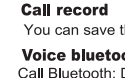
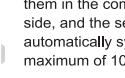
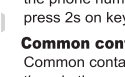
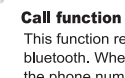
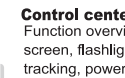
Long press the home screen for 2 seconds to enter the dial switching screen. Swipe left and right to the screen to switch the showing dials, and click the selected dial.



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## Control center

Function overview: non-disturbing, wrist-turning screen, flashlight, brightness, settings, phone tracking, power saving mode, system information



This function requires the connection of audio bluetooth. When entering the dial, you can press the phone number and dial it as required. Long press 2s on keyboard 7 and 9 to enter \* and #.

**Common contact**  
Common contacts: You need to set and add them in the common contacts bar of the app side, and the set common contacts will be automatically synchronized to the device. A maximum of 10 contacts can be added.

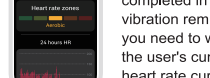
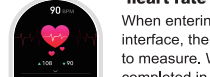
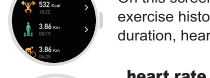
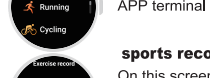
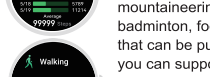
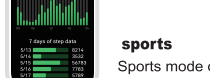
**Call record**  
You can save the latest 10 call records.

**Voice bluetooth**  
Call Bluetooth: Divided into "call audio" and "media audio" switch.  
Call audio: It is used to switch to call by bluetooth. Media audio: It is used to switch to play media audio. (Disabled by default.)

1) You can turn on the media audio only when the voice audio is enabled.  
2)When "media audio" is on, turn off "call audio," media audio "switch will be closed simultaneously;  
3) In the case of (2), turn on "call audio", and the "media audio" switch will be opened synchronously

## sports data

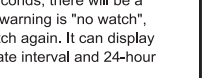
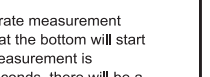
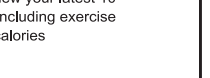
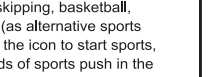
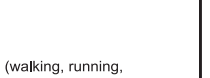
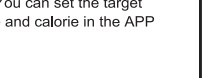
Display the number of steps, distance and calorie data recorded on the day and the number of steps in the latest seven days. You can set the target number of steps, distance and calorie in the APP



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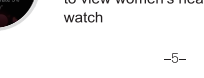
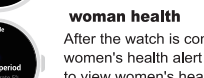
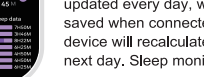
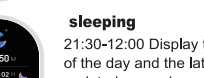
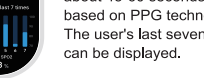
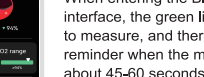
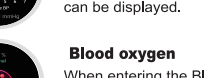
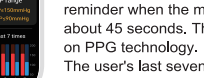
## sports

Sports mode options: 8+1 (walking, running, mountaineering, cycling, skipping, basketball, badminton, football, yoga (as alternative sports that can be pushed), click the icon to start sports, you can support 110+ kinds of sports push in the APP terminal



## blood pressure

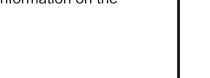
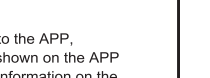
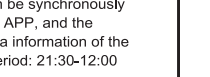
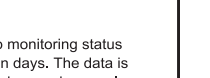
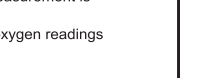
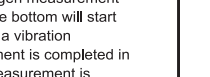
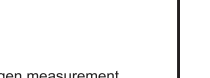
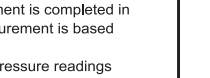
When entering the blood pressure measurement interface, the green light at the bottom will start to measure, and there will be a vibration reminder when the measurement is completed in about 45 seconds. The measurement is based on PPG technology.  
The user's last seven blood pressure readings can be displayed.



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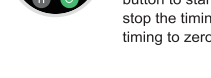
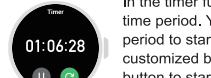
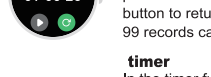
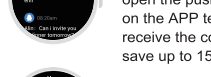
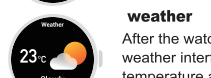
## Blood oxygen

When entering the Blood oxygen measurement interface, the green light at the bottom will start to measure, and there will be a vibration reminder when the measurement is completed in about 45-60 seconds. The measurement is based on PPG technology.  
The user's last seven Blood oxygen readings can be displayed.



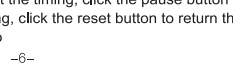
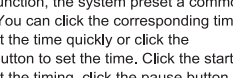
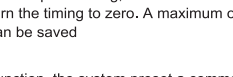
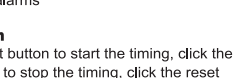
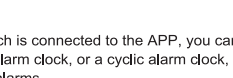
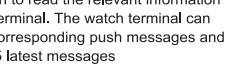
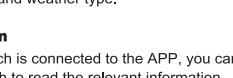
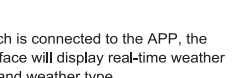
## music

When the watch is connected to the APP, it can control the pause and start of the mobile music player, volume adjustment and song switching



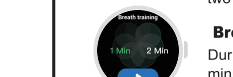
## weather

After the watch is connected to the APP, the weather interface will display real-time weather temperature and weather type.



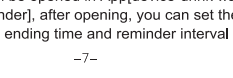
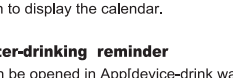
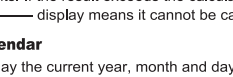
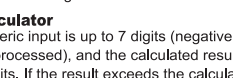
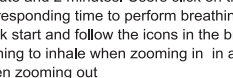
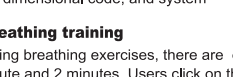
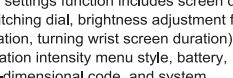
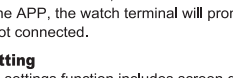
## information

After the watch is connected to the APP, you can open the push to read the relevant information on the APP terminal. The watch terminal can receive the corresponding push messages and save up to 15 latest messages



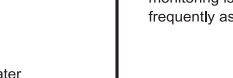
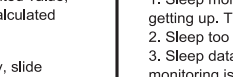
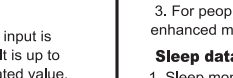
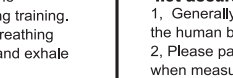
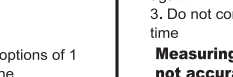
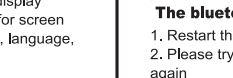
## clock

After the watch is connected to the APP, you can set a single alarm clock, or a cyclic alarm clock, or up to five alarms



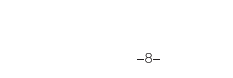
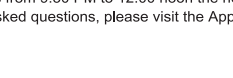
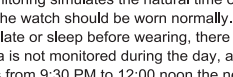
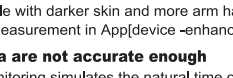
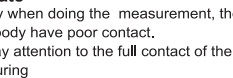
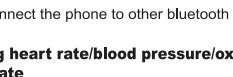
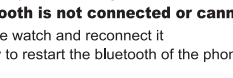
## stop watch

Click the start button to start the timing, click the pause button to stop the timing, click the reset button to return the timing to zero. A maximum of 99 records can be saved



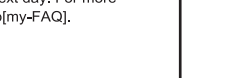
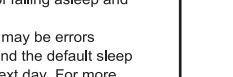
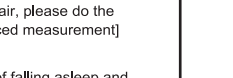
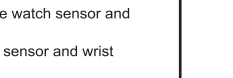
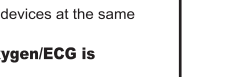
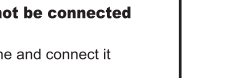
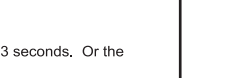
## timer

In the timer function, the system preset a common time period. You can click the corresponding time period to start the time quickly or click the customized button to set the time. Click the start button to start the timing, click the pause button to stop the timing, click the reset button to return the timing to zero



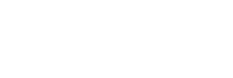
## calendar

Display the current year, month and day, slide down to display the calendar.



## water-drinking reminder

It can be opened in App[device-drink water reminder], after opening, you can set the start time, ending time and reminder interval



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