

# Punching Bag

Product Size: 48X120cm

Meas: 0.6M<sup>3</sup>

Base : 48\*23cm

Bag: 25\*25\*80cm

Volume: 26L

Weight: 8.5KGS



# Catalogue

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# 1 Parameters



Leather: PVC

Filling material:  
EPE+PET+PU

Jointer: RUBBER

Base: PE-HD

## 2 Installation



1, Assembling sucker:  
Screw the suckers into the hole in turn.



2, Filling water/sand:  
Fill 4/5 water or sand to the base through top hole. Suggest not fill too full which can avoid water leaking out.



3, Assemble top bag:  
Lock screws to connect base and top bag, there are 12 screw holes on the connector.

## 3 Product list

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No	Item name	Quantity
1	Top bag	1
2	Jointer	1
3	Screw	4
4	Base	1
5	Sucker	12

## 4 Using and Transportation

This product is only for home use and physical training. We do not suggest for gym use and game use.

Please wear safety devices, for example, boxing gloves, knee pads ,elbow pads and so on to protect yourself not to be injured.

There is artificial leather on top bag, please do not use solid object to scrap the bag surface.

There are 12 powerful suckers at base bottom, suggest use this product on smooth and flat floor. If you want to use this product on carpet or lawn, please take off the suckers.

The product should not be heavily pressed, damp, fall down and put in the rain.

Product should be put in ventilated and dry place. Please do not put it together with corrosive product and burn in the sun.