

SETTING THE TIME

- 1 Pull the crown out to the 2nd click position.
- 2 Turn the crown clockwise to set hour and minute hands.
- 3 After the time has been set, push the crown back to the Normal position.

HOW TO USE THE CHRONOGRAPH

- 1 Press the Button A to start chronograph. The chronograph seconds dial at 6 and 12 o'clock starts to rotate. When the chronograph second hand moves 60 seconds in a circle, the chronograph minute at 9 o'clock moves in minute increments clockwise, and so on.
- 2 When the chronograph button is pressed again, the chronograph stops, and the indicator of chronograph second dial and minute dial is the recording time.
- 3 After finishing timing, press the reset button B to reset the chronograph to zero.
- 4 Chrono 1/10 sec: The stopwatch 1/10 second hand moves for a first minute. After one minute, it indicates the measurement time when it is stopped.

SETTING THE DATE

- 1 Pull the crown out to the 1st click position.
- 2 Turn the crown clockwise to set the date.
 - * If the date is set between the hours of around 9:00 PM and 4:00 AM, the date may not change on the following day.
- 3 After the date has been set, push the crown back to the normal position.

