

2BEHEALTHY MASSAGE GUN PRO



USAGE INSTRUCTIONS

NOTE

1. This massage gun can not be used while charging. Please use it after charging.
2. Pressure indicator light when under pressure. It will serve as a reference for the amount of stress, please choose the pressure you want to be subjected to according to your own needs. But be aware that too much stress can cause muscle damage.
3. The massage gun will automatically shut down after every 20 minutes of use, you can press the + to restart it.
4. If it cannot be charged, please check whether it is the original charger.

CHARGING

- Fully charge battery for up to 4 hours before first use from the device.
- To charge, connect the DC end of the supplied original adapter to the battery's charging port and plug AC side cable into wall outlet.
- When the charger indicator turns green, the battery is fully charged, please unplug the charger. If not in time, the power display will decrease but the actual power is full. If the above situation occurs, don't worry, there's no wrong with this massage gun.
- With battery attached. LED screen on unit to show battery level.
- Battery may be recharged at any time and at any battery level.
- Please charge the battery when it is low. It is not recommended to charge the battery after the electricity has been used up.

OPERATING

- Power device on by moving the power switch on the bottom of the battery to the ON position. Power device off by moving the power switch to the OFF position.
- LED SCREEN: With touch screen is light, press the "+" to start. Press "+" or "-". Adjust to other speed patterns pressing "-" holding the touch switch until motor stop working.
- Massage desired body part at the desired speed applying pressure as needed.

DISCLAIMER

WARNINGS & CAUTION

- Do not immerse in water. Keep away from liquids or heat sources. Keep ventilation ports free from dust and debris.
- Do not remove screws or attempt to disassemble.
- Do not operate continuously for more than one hour. Allow device to rest for 30 minutes before re-using.
- Unplug the charger from device battery after charging or prior to use.
- For adult use only. Do not use if injured. Consult your doctor before using this product.
- Do not use this device while charging.

SAFETY INSTRUCTIONS

DANGER: TO REDUCE RISKS OF ELECTRIC SHOCK, FIRE, AND PERSONAL INJURY, THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS:

- For adult use only.
- Use only on a dry clean surface of the body over clothing by lightly pressing and moving across the body for approximately 60 seconds per region.
- Use the massage gun only on the body's soft tissue as desired without producing pain or discomfort. Do not use on head or any hard or bony area of the body.
- Use only the applicators that provide the best desired effect.
- Bruising can occur regardless of control setting or pressure applied. Check treated areas frequently and immediately stop at first sign of pain or discomfort.
- Keep fingers, hair or any other body part away from the shaft and backside of the applicator as pinching may occur.
- Do not place any objects into the ventilation holes of the Massage Gun
- Do not immerse in water or allow water to enter the ventilation holes of the Massage Gun
- Do not drop or misuse the Massage Gun.
- Only recharge with supplied Original Massage Gun charger.
- Carefully examine device and battery before each use.
- Do not tamper or alter Massage Gun in any way.
- Never leave the Massage Gun operating or charging unattended

PLEASE DO NOT USE THE MASSAGE GUN OR ANY VIBRATION DEVICE WITHOUT FIRST OBTAINING APPROVAL FROM YOUR DOCTOR IF ANY OF THE FOLLOWING APPLY:

Pregnancy, diabetes with complications such as neuropathy or retinal damage, wear of pace-makers, recent surgery, epilepsy or migraines, herniated disks, spondylolisthesis, spondylolysis, or spondylosis, recent joint replacements or IUD's, metal pins or plates or any concerns about your physical health. Frail individuals and children should be accompanied by an adult when using any vibration device. These contra indications do not mean that you are not able to use a vibration or exercise device but we advise you to consult a doctor first.

Ongoing research is being done to the effects of vibration exercise for specific medical disorders. This will likely result in the shortening of the list of contra indications as shown above. Practical experience has shown that integration of vibration exercise into a treatment plan is advisory in a number of cases. This must be done on the advice of and in accompaniment with a doctor, specialist or physiotherapist.

WARRANTY

IF WITHIN ONE YEAR FROM THE DATE OF PURCHASE, THIS PRODUCT FAILS DUE TO A DEFECT IN MATERIAL OR WORKMANSHIP WIU REPAIR OR REPLACE THE PRODUCT, OR NECESSARY COMPONENTS, FREE OF CHARGE.

THIS WARRANTY EXCLUDES:

- (a) Damage caused by accident, abuse, mishandling, or transport.
- (b) Units subjected to unauthorized repair.
- (c) Units not used in accordance with instructions.
- (d) Damage exceeding the cost of the product.
- (e) Deterioration of the delivered product resulting from abnormal storage and/or safeguarding conditions on the client's premises.
- (f) Failure to provide the dated proof of purchase.

Some states and countries do not allow a limitation of damages, so the foregoing limitation may not apply to you.

This warranty guarantees specific legal rights, and but other rights may vary from country to country and from state to state. This warranty service is available through the operating policies and international distributors

PACKING LIST



Motor: 20w
N.W.: 850g
Charging Time: 3H

Power Supply: Non-removable lithium battery
Input Voltage: 100-240v

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Note: The massage head does not need to rotate after the massage head is fully inserted.

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