

## DIRECTIONS

## Step 1 - Peel

Tear open foll packet. Remove strip with dry hands and peel away from backing liner.



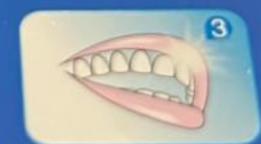
## Step 2- Apply

Looking in a mirror, fit lower strip - applying sticky gel side against your teeth. Line up with edge of gum and apply gentle pressure to mould the strip securely to the teeth. Fold remaining strip behind tooth to keep in place. Repeat with upper strlp.

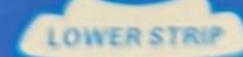


## Step 3- Reveal

Affer 30 minutes, peel off both strips and dispose of safely.



UPPER STRIP



CE SGS