



RUNNER'S KNEE
NECK STRAIN
CALF STRAIN
SHOULDER PAIN
ACHILLES TENDONITIS
TENNIS ELBOW
PLANTAR FASCIITIS
GOLFER'S ELBOW
SHIN SPLINTS
RIB PAIN
ANKLE SPRAIN
GLUTEUS PAIN
QUAD STRAIN

WHAT'S INSIDE

- ✓ 3-10" Precut Strips
- ✓ 1 Application - Lasts 4-7 Days
- ✓ Step-by-Step Instructions

*Not clinically proven for all injuries

VIDEO INSTRUCTIONS:

www.kttape.com/instructions



@kttape #kttape

CAUTION: If you have skin sensitivities, cancer, or are pregnant, consult your doctor before use. Discontinue use if skin becomes irritated or sore. KT TAPE® is not a replacement for professional medical care. Warranties and remedies limited to product replacement cost.

READ ALL CAUTIONS ON ENCLOSED INSTRUCTION SHEET PRIOR TO USE.

TYPE: B



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MADE IN CHINA