## Instructions for use

- Check you have positioned your splint correctly.
- You will need to gradually build up the length of time spent using your finger splint.
- Your finger splint should only be worn during the day.
- Finger splints can be worn on several fingers at the same time.
- Do not wear when you are sleeping at night. Swelling of the fingers may occurduring long periods of inactivity. It would then be difficult to remove your splint.
- Remove your splint immediately if your finger swells.







