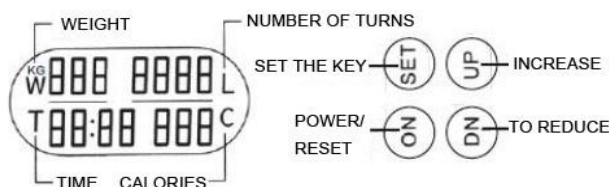


Multi function electronic magnetic control counting rope skipping manual

Screen display:

W (weight: 20-110kg) L (count: 0-9999)
T (positive / negative time display function) C (calories: 0-999)



Function description

Counting display function (counting range 0-9999).

Weight setting display function (default 50kg, settable range: 0-999kg).

Positive / countdown time display function (positive timing: maximum 60 minutes, countdown can be set: maximum 60

minutes 00 seconds, minimum 1 minute 00 seconds), when the countdown time arrives, it will ring for 10 seconds, but the positive timing will not ring.

Target number function (can be set in the range of 0-1000). When the count reaches the target number setting value, it will ring for 10 seconds.

Calorie display function (measurement range: 0-999 calories).

Turn on the backlight for 10 seconds, and press the on / set key to turn on the backlight for 10 seconds.

When in the power on mode, there is no key operation and no step or count input, it will enter the sleep mode after 5 minutes.

When there is a count value, it will be saved, and then press the on / reset key to call back the original value.

usage method:

When rope skipping is started, the counter and time will start automatically. If there is a set time, when the time arrives, it will automatically sound Bibi to remind, the calorie consumption value will be displayed automatically, and the length of the rope can be adjusted according to the height of the user.

Weight setting: before use, press and hold the set key for 2 seconds to enter the setting weight. At this time, the value of weight field starts to flash, the initial value is 50kg, use the up & DN key to adjust to the correct weight (1kg is a unit, the minimum value is 20kg, the maximum value is 110kg), and then press the set key to complete the setting (automatically jump to the time setting, at this time, the value of time field flashes).

Time setting (alarm clock reminder): when the value of the time field flashes, use the up & DN key to adjust it to the time you expect to use (1 minute is a unit, the maximum is 60 minutes), and then press the set key again to complete the setting (at this time, the value of the time field shows the time you set). After the time countdown is completed, a Bibi sound will be sent out to remind you that the number of laps and time will stop.

Counting target number setting: when the counting field value is 0, use up & DN to adjust to the number of times you expect to use (minimum from 0 to maximum 1000), and then press the set key once to complete the setting. When the counting reaches the target value setting number, a Bibi sound will be issued to remind you. At this time, the number of pictures and time will stop.

When you need to use it again, press and hold the on key for 2 seconds to reset all settings and values except the body weight

Key function description:

[on] key: Click to turn on the counter, long press for 2 seconds to clear the value, and return to the initial value of power on except for body weight.

[set] key: long press for 2 seconds to enter weight setting, then press [set] key to enter (countdown setting), and then press [set] key to enter (target number setting).

[up] key: when entering the setting mode, the value will be increased.

[DN] key: when entering the setting mode, the value will be lowered.

matters needing attention:

When fuzzy or screen out all flashing is 8 and please use the Avoid throwing jump rope to the ground.

Avoid heavy pressure on LCD display and buttons.

Avoid wet environment and water.

Warm prompt:

Smart rope skipping started guide

The first step

Find QianHouMen, into the wrong door can cause "off line" and "counting" is not allowed

The second step

Distinguish between QianHouMen

RoHS CE FC ♻️

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1. The side like socket mouth, there are strip closed state is among the front door

2. This way no seal is the back door

5. Tighten the rope, and then through the small button at this end
Can work normally, normal count!

4. Wear out through the front door on the back door
Then out of the back door on the other side wear to the front door

3. The rope through the first Small button here