

Custom Fitting Instructions:

1. Place the Instant Smile Teeth into a cup of hot water for 1 minute. The hot water turns the teeth slightly soft so they can be molded (with your fingers) to your exact shape for maximum comfort.
2. Remove the impression material (fitting beads) from the package and place them into a cup of hot water for 1 minute or until they turn clear and soft.
3. Remove the impression material from the hot water with a spoon and press the (clear and soft) material into the trough in the back of the teeth using your fingers.
4. With a pinching motion (using a mirror) form the Instant Smile Teeth and impression material over your upper teeth.
5. After **30 seconds** gently ease the Instant Smile Teeth out of your mouth and allow the impression material to cool and harden. **DO NOT allow them to harden around your real teeth.**
6. If you don't get the desired fit that you are happy with, you can put the Instant Smile back in hot water and **simply remold again.** If you did not follow step number 5, there is a chance that you might have difficulty removing the Instant Smile. In the remote chance that this happens heat up a wash cloth with extremely hot water and press repeatedly against the fitting material and squeeze the hot rag around the stuck portion with your fingers until it becomes soft enough to gently ease the Instant Smile off of your real teeth.

These simple steps take less than 5 minutes and can be seen on our website: www.instantmileteeth.com

This product is not a "denture" or "dental device." It is not designed for chewing or to be used as a denture. Its thin construction is designed for comfort and appearance. The Instant Smile Teeth are only intended for **intermittent use** when you want to enhance your appearance. **Do not** sleep or eat while wearing this product.



PO Box 389 Hardin, IL 62047
Any questions or for additional
information please visit us at

www.instantmileteeth.com



Made in Taiwan