

## 6. DO'S & DON'T'S

### DO'S

Do place burned area in cool water or hold under running water (20 Minutes).

Do apply the Burnshield dressing just larger than the burn.

Do remove any tight/restricting items such as rings or bracelets.

Do remove any items of clothing or material not firmly stuck to burnt area especially any material that is still hot or smouldering or mixed/contaminated with chemicals.

Do keep calm and urgently phone for an Ambulance.

### DONT'S

Don't remove anything firmly stuck to burnt area unless still hot or smouldering.

Don't break blisters or disturb burnt area.

Don't apply fats, grease or oil based items to the burnt area.

Don't attempt to clean the burnt area in any form.

Don't perform unnecessary invasive procedures through burnt tissue (eg. IV lines).

IN AN EMERGENCY CALL 10177 / FROM A CELLPHONE: 112

## 7. CLASSIFICATIONS



### Superficial Partial thickness

- Very painful with redness of the skin and blister formation
- Usually heals satisfactorily with little or no scarring



### Deep Partial thickness

- Contact with hot liquids, flames or chemicals
- Severe pain, skin discolouration and blister formation
- Produces moist and mottled skin



### Full thickness

- Direct contact with flames or hot liquids
- Produces white, leathery, charred and dry skin
- Destroys hair follicles, blood vessels and nerve endings

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PV47/B



EMERGENCY BURNCARE

( 24 - 36 HOURS)

# Burns Pocket Guide

SAFE FOR USE  
ON CHILDREN  
AND FACIAL BURNS

A Burn takes a minute to occur and a lifetime to heal if treated incorrectly

COOLS THE BURN

## 1. REMOVE THE VICTIM TO SAFETY

If safe, remove person from the area / source of heat.



## 2. REMOVE CLOTHING

Remove clothing from the burnt area. Do not be forceful while removing clothing. Remove tight / constrictive jewellery.



## 3. COOL THE BURN

Flush contaminated/chemical burns for 20 minutes with saline or cool running water and then apply a Burnshield. For heat/flame burns - apply Burnshield to affected area.



## 4. TYPES OF BURNS

### 1. Thermal & Scalding



e.g: flames, hot liquids hot objects or gases

### 2. Electrical



e.g: Accidental electrical contact

### 3. Chemical



e.g: Acids, alkalis Phenols, cresols

### 4. Radiation



e.g: ultraviolet radiation (sunburn)

## 5. APPLY A BURNSHIELD DRESSING

BURNSHIELD APPLICATION - EASY 4 STEP PROCESS



open



remove



apply



secure with bandage / cling film

**Application:** Emergency Burncare (24-36 hours)

**Benefits:** Protection against infection, minimizes trauma and skin damage, pain relief, cools and soothes, non-adherent and non-toxic.

**Warning:** Do not use if packaging is damaged. Seek medical attention.

**Approved:** CE, ISO, TGA, FDA