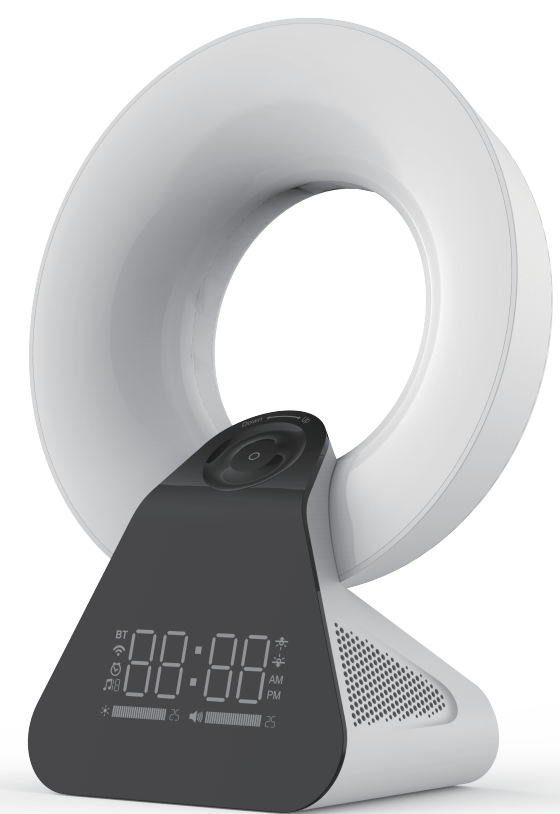


## NATURAL ENERGY LIGHT

Model No: S18



Keep Health Always Around You

### Thank You.

Thank you for purchasing the Natural Energy Light. We are dedicated to providing our customers with quality products for building a health living. Should you have any questions or concerns about using your new product, feel free to reach out to our helpful customer support team. We hope you enjoy your new product!

### IMPORTANT SAFETY INSTRUCTIONS

Read and follow all instructions in this user manual and heed all warnings.

#### WARNING

To reduce the risk of burns, fire, electric shock, or injury to persons:

- This appliance is for indoor use only.
- Water and electricity are a dangerous combination. Do not use this appliance in wet surroundings (e.g. in the bathroom or near a shower or swimming pool).
- Make sure the adapter does not get wet.
- Do not let water run into the appliance or spill water onto the appliance.
- Do not immerse the appliance in water or rinse under the tap.
- The adapter contains a transformer, which converts an unsafe 100-240V AC to a safe 24V DC low voltage. Do not cut off the adapter to replace it with another plug, as this causes a hazardous situation.
- Do not use the adapter in or near a power outlet that contains an electric air freshener to prevent damage to the adapter.
- Protect the power cord from being walked on or pinched, particularly at plugs, outlet and point where they exit from lamp.
- Do not impair the cooling of the appliance by covering the appliance with items such as blankets, curtains, clothes, papers, etc.

#### CAUTION

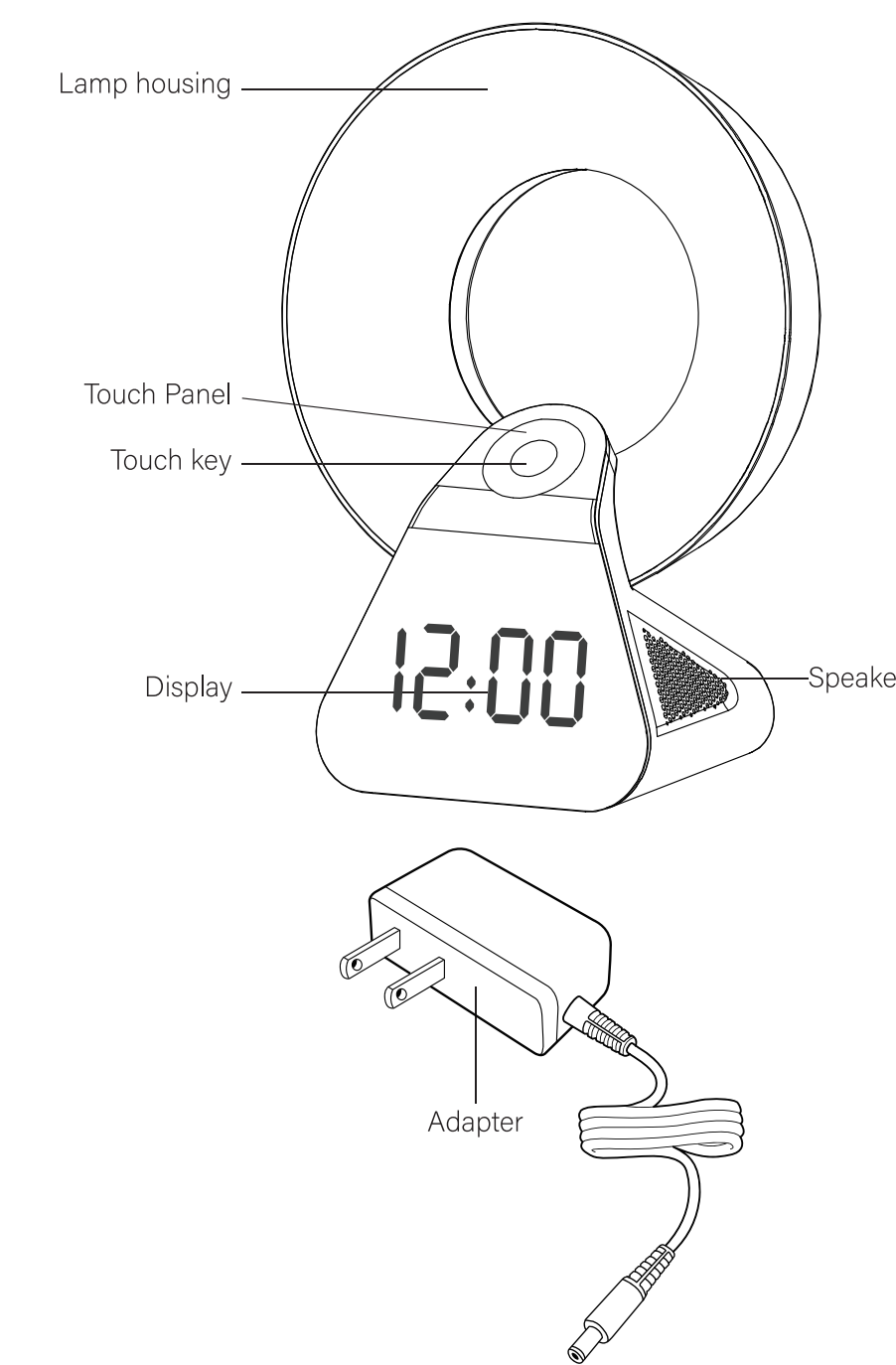
- Do not drop the appliance on the floor, hit it hard or expose it to other heavy shocks.
- Place the appliance on a stable, level and non-slippery surface.
- This appliance is only intended for household use, including similar use in hotels.
- Check if the voltage indicated on the appliance corresponds to the local voltage before you connect the appliance.
- Unplug this appliance during lightning storms or when unused for long periods of time.

-1-

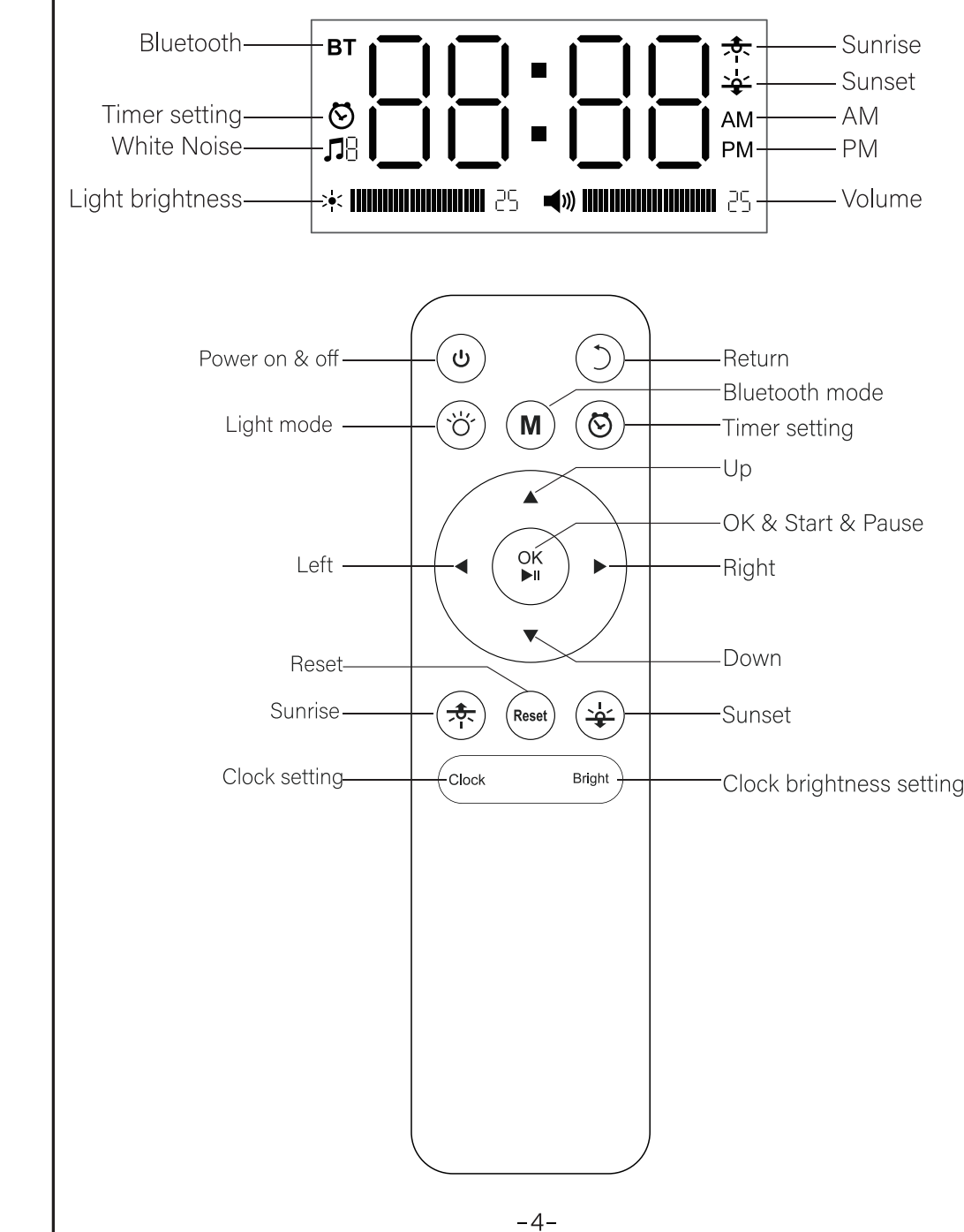
### GENERAL

- Do not use this appliance as a means to reduce your hours of sleep. The purpose of this appliance is to help you wake up more easily; it does not diminish your need for sleep.
- Consult your doctor before you start using the appliance if you have suffered from or are suffering from depression.

-2-



-3-



-4-

### SAD light function:

Short press to turn on the lamp. And press again to switch temperature mode. There are three color temperatures: cool white 6500K, warm white 4500K, warm light 3000K.

Use your finger to slide the touch area to adjust the brightness of the light; you can achieve no level adjustment from 0% to 100%.

or



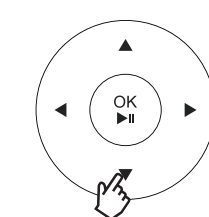
Press the power button on the remote.



Then press the color temperature key to adjust different color temperature modes.



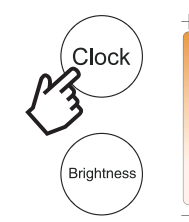
Press the timer button when the light is on, you can set the timing of playback: 15min-30min-60min-90min.



Press the up and down keys to adjust the light intensity when the light is on.

-5-

### Wake up light function



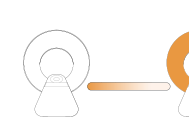
Press the Clock key on the remote control to set the clock; the up and down keys adjust the value, the OK keys switch to the next setting (12&24h hour, minute). Press OK to confirm. (Long press the up and down keys to speed up the adjustment).

Press the Brightness key to adjust the brightness of the clock, 100%-80%-60%-40%-20%-0%.



Press the Sunrise key to set the sunrise alarm; the setting operation is the same as that of setting the clock. The more you can set is the alarm sounds.

Press the sunset key to set the sunset alarm; the setting operation is the same as setting the clock.



After setting the sunrise and alarm, the machine will start to work 30 minutes before the set time; the light will gradually turn from dark to bright, until the set time is reached, the brightness reaches the maximum, and the alarm bell will sound at the same time.

If the Sunrise simulation is active, the light intensity of the lamp gradually increases to the set level and the light color changes from deep morning red to bright daylight. The light gently prepares your body for waking up at the set time.



After setting the sunset alarm clock, the machine will start to work 30 minutes before the set time; the light will gradually turn from bright to dark, until the set time is reached, the light will be completely turned off, and you can set different white noise to sleep.

-6-

### White noise machine function



Press the play-pause button to start playing white noise in Speaker Mode.

Press the left and right buttons to switch white noise tracks; there are 8 tracks in total, namely white noise, thunder, ocean, rain, summer night, stream, bird call, bonfire. Press the up and down keys to adjust the volume, a total of 25 levels.

The music icon will light on when the white noise is playing.



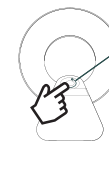
Press the timer button when white noise is playing, you can set the timing of playback: 15min-30min-60min-90min.

### Bluetooth speaker function



Press the M key to switch to the Bluetooth mode, turn on the Bluetooth of the mobile phone, and connect to the "S18". Press the play and pause button to control the playback and pause of the music; the left and right buttons to switch tracks, and the up and down buttons to adjust the volume.

### Snooze function



When the alarm clock rings, touch the touch button to snooze for 5 minutes, and the alarm clock will sound again after 5 minutes.

Long press for more than 3s to cancel the alarm.

The back button on the remote control can snooze for 5 minutes, and the On/Off button can turn off the alarm clock.

-7-

### Reset Function



Long press Reset button for 5 seconds to reset all settings.

### Troubleshooting Problem Solution

Can not boot	Confirm whether to use the original power adapter.
Icons on the screen do not respond when operating.	Icons on the screen do not respond when operating. Confirm whether the remote control has batteries (or replace the batteries), and confirm whether the screen brightness is turned on (adjust by Brightness).
The lights don't turn on on time, the alarm clock doesn't ring on time.	Confirm that the time setting is accurate, and confirm that the sunrise or sunset alarm on the screen is on, otherwise it needs to be reset.
The alarm goes off too early or too late.	Maybe the lighting and volume settings are not suitable for you, you need to dim and turn them down.
Alarm doesn't ring after snooze.	It may be that the alarm clock is canceled directly, and the snooze operation method is to touch the touch switch or press the return key.

-8-

### Specifications

Model:	S18
Rated input voltage adapter:	100-240V AC
Rated output power adapter:	24W
Light output:	>10000Lux at 15cm
Light color:	3000-6500K
Dimensions:	200x107x260mm
Weight:	570g
Operating temperature:	+5 C to +35 C (41 F to 95 F)
Operating humidity:	15% to 90%
Storage temperature:	-20 C to +50 C (-4 F to 122 F)
Storage humidity:	15% to 90%
Bluetooth version:	BT5.1
Bluetooth connect distance:	>15m

-9-