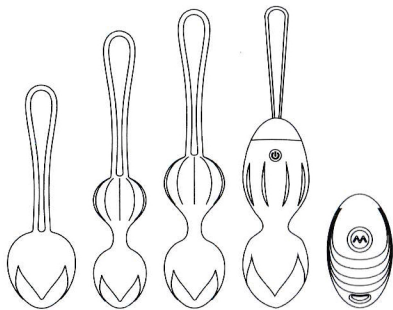


User Manual

playbird

Kegel ball training set XL



Thank you for using our product.
Please read this carefully before use.

Made in China

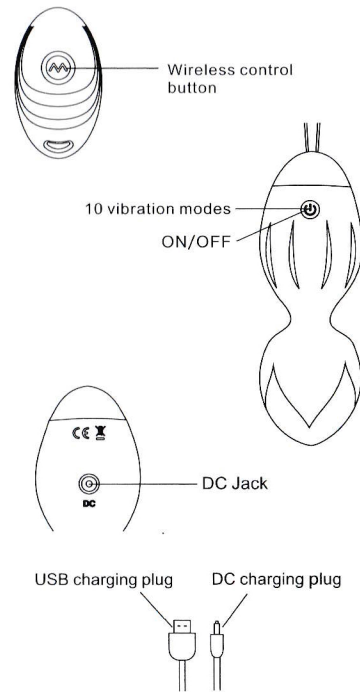
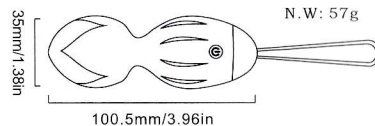
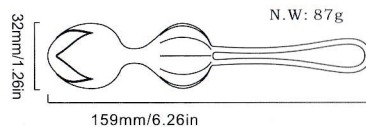
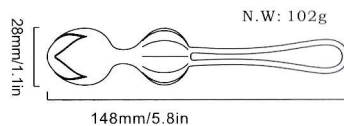
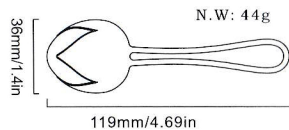
Product description

This product has an elegant appearance and perfect touch. It has super strong vibration and multiple vibration modes. You will get vigorous sexual stimulation. Product safety and environmental protection are part of our design philosophy. We hope to provide the user with an excellent experience. It is destined to be an extraordinary product.

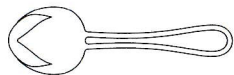
1. Function: 10 vibration modes, Wireless control
2. Material: Food grade silicone, ABS
3. Battery: 300mAh rechargeable lithium battery, 3V 2032 button cell
4. Power: USB charge 5V DC, Charging time about 1.5H, Using time about 2H
5. Waterproof rating: Ip65

Package: 1 x Remote controller & Massage ball, 3 x Kegel balls, 1 x USB charging cable, 1 x User manual

Instruction



Steps for usage



Level 1

Light ball, 30 minutes per day, for 1-2 weeks



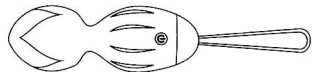
Level 2

Heavier ball, 30 minutes per day, for 2-3 weeks



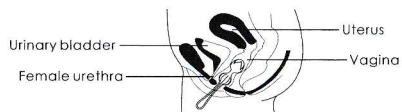
Level 3

Heaviest ball, 30 minutes per day, for 1 month



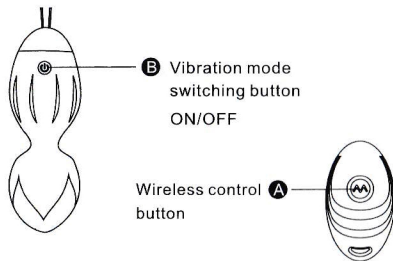
Level 4

Massage ball, 10 modes for women pelvic floor massage



Direction for use

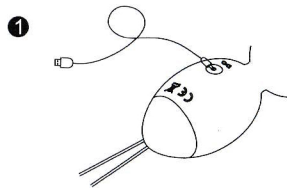
1. Please charge it fully, after receiving the product (Refer to charging guide).
2. Press button **B** on massage ball 1.5 seconds to turn on/off the product. Shortly press it to change vibration mode.
3. Shortly press button **A** on controller for wireless control.
4. Press button **A** 1.5 seconds to stop vibrating.



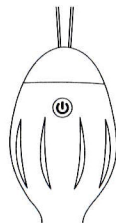
Vibration curve graph



Charging guide



Put the DC charging plug into the hole of product to charge. Then insert the USB charging plug into the USB port of your computer or other charger. (output: 5V=1A or 5V=1.5A).



2

When product is charging, the LED will be flashing

3

When a solid light appears, charging is complete.

※When being charged, the toy must be in shutdown state and cannot be used.

Attention

1. Please charge the product properly in a safe place.
2. Water-based lube is suggested as lubricant. Do not apply massage oil or hand cream to the toy surface.
3. Stop using the product, if you feel uncomfortable or you find it is no longer smooth or has sharp edges.
4. Not recommended to use it below one meter in the water.
5. Please clean it before and after use with warm water and soap (boiling water NOT allowed), or sometimes with detergent, disinfectant or 75% alcohol.
6. Keep it in cool and dry place. Avoid direct sunlight.
7. Keep it out of reach of children.
8. The product contains lithium battery. Please put it in the non-recycle bin for disposal.

