



MASSAGERR

MULTI-LEVEL
**BACK
STRETCHER**



USER MANUAL

Read all safety information
before using the Massagerr.



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About Massagerr

Recover or relax in peace. We will help you with that. All Massagerr products are specially designed to reduce tension, pain, and stress in your body and to recover faster, so that you can feel and move better! From now on you are your own professional massage therapist, in the comfort of your own home or on the go. You can now receive professional massages anywhere, anytime!



Healthy body



Move better



User friendly



Recover faster

Benefits of Massagerr products

- ✓ Helps naturally soothe chronic and acute pain
- ✓ Melts away muscle soreness and tension
- ✓ Improves freedom of movement and flexibility in your body
- ✓ Promotes blood circulation
- ✓ Promotes faster muscle recovery
- ✓ Relaxes the body for a better night's sleep

Our story

Massagerr was born out of necessity.
The founder of Massagerr shares his story below.



After a snowboard accident and a foot run over by a car, my whole body became unbalanced.

The immense irritation of constant tension had to stop. When I tested massage devices for the first time, a whole new world opened up for me. After a massage with the right massage devices, the constant tension melted away and with consistent treatments this has helped me enormously in my recovery. The idea that anyone, wherever you are, can easily get your body to complete relaxation and faster recovery has made me dive into the world of massage.

The convenience of a deep massage treatment anywhere is unparal-

leled. The deepening in the world of massage has brought me to the mission to create the best offer with massage products that everyone can optimally relax, recover, and enjoy with. In order to offer the best range, we have started collaborations next to our own brand with the best brands with the highest quality for the lowest price. This way you can easily and reliably shop with us for the best massage device that suits your needs!

Jim

Founder of Massagerr.nl

Content

1x Massagerr Backstretcher

1x Massagerr Pillow



Specifications

Features	Size	37 x 22.5 x 5 cm
	Material	Siliconen ABS
	Weight	710 gr.
	Use time	5 minutes per day

Good to know

Slowly increase the height for a greater stretch. For many individuals it is not necessary to advance to the highest arch adjustment.

If you have a physical illness, neck or back injury or have recently had surgery, please consult your physician before using this product. Do not use it for more than 20 minutes at a time.

Let's start

Place the back stretcher under your back (close to the hip), slowly lay your back down on the support arch with your knees bent and your arms propped up behind your back.

We suggest starting with the lowest level first, lie down slowly on top of the unit and keep your feet resting on the ground. Relax, take deep breathes and stretch your back.

Suggestion: for extra comfort, put a pillow under your head.

Adjusting the arc

Rotate in the higher direction, the arc becomes **larger**.



Rotate in the lower direction, the arc becomes **smaller**.



Support

Massagerr works with a 100% satisfaction guarantee. We are only satisfied when you are.

Do you still have questions after reading the manual?

At Massagerr we want to answer all your questions as soon and as best as possible. That is why our team is available 7 days a week answer all your questions. You can easily reach our support team by email, social media, or WhatsApp.



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