

# The better brush by us! Congrats & Enjoy!

## Solid Manual

We developed Solid brush because with the whole team of Rademakers en Kinsbergen (the cosmetic dental clinic based in Amsterdam), we felt that we were in need of a genuinely good toothbrush.

Every day, we dedicate our time and effort to giving our clients a beautiful radiant smile. However, maintaining that smile requires daily and meticulous maintenance.

That's where the Solid enters the fray: a toothbrush designed to do just that – easy to use and perfectly able to clean both teeth, gum and tongue. Plus, it comes with a feature that we call Shine mode!

Given its easy to hold, lightweight design, its various levels of brush intensity, soft brush heads and a battery that will last for more than 4 weeks, we hope it will thrill you as much as it thrills us!

The Solid brush is ready for use when you purchase it. Please do read the instructions before actually using it, this will give you all the information about settings, daily usage and recommended maintenance.

## Using your Solid brush for the first time

1. Take the brush head – brush facing forward – and press down straight onto the handheld. You should feel a click, indicating you have installed it correctly
2. Press the power button for two seconds to switch it on – the brush will start, using the brush settings last used. Use the power button again to switch between the 6 different settings. Press it gently for just one second to alternate between them.
3. (see below for an explanation of the different brushing modes)
4. Some brushing modes have a built-in timer, set to two or three minutes. Every 30 seconds, a brief interruption indicates switching to a different quadrant in your mouth. After the two minutes, the brush will stop automatically
5. Make sure you replace the brush heads at least every two months, in order to avoid excess build up of bacteria in the brush, as well as keeping the actual brushing process as effective as possible (the brush hairs lose their effectiveness over time). Changing the brush is done by simply pulling it off of the hand held. You will again hear a faint click upon release.

## Charging your Solid brush

1. When the handheld reaches the end of its battery life, the charging light will start flashing red, indicating it is time to recharge
2. To charge the brush, simply connect the docking station via its USB cable, to a two or three prong plug
3. Place the brush on the docking station
4. The charging light will light up until the

## Solid maintenance

1. Clean your brush thoroughly with water every time you use it. Again, make sure you change your brush heads at least once every two months. You can easily order these via our website
2. Remove the brush head and clean the handheld with a clean, damp cloth, taking extra care of the rotor on which the brush head sits. Do NOT submerge the handheld device in water!
3. Only clean the handheld when it is not set in its docking station

## Six settings to ensure Solid brushing for all:

### Brush (2 min)

your daily setting for extremely clean teeth

### Fresh

the highest frequency available for removal of superficial stains

### Sense / 2 min

reduced power for sensitive teeth and gums

### Gummy

pulsating setting for a gentle massaging of your gums

### Tongue

brush your tongue with the back of the brush head to clean the area and combat bad breath!

### Shine (3 min)

our feature setting and our favorite! Use the Shine mode once a week (or whenever you are preparing to go out), together with our exclusive Shine formula paste and you will shine like never before!

