

YOUHA®

# THE IN<sub>S</sub> GEN 2 Breast Pump

Instruction for use



YOUHA®



Version 1.2

**more care for mama & baby**

# THE INs GEN 2

## Breast Pump

Offering hands-free, more enjoyable and discreet way to express breastmilk. THE INs GEN 2 breast pump is designed to use anytime you like, wherever you like. It is small and lightweight to place inside your bra.

- ✔ No tubes, no cords, no dangling bottles
- ✔ No more pumping schedule  
Pump anywhere anytime as you want to
- ✔ All-in-one device. Easy to assemble and clean
- ✔ Made with food grade plastic and silicone, BPA free, Phthalate free

### **Safe, convenient, effective.**

THE Ins GEN 2 breast pump is a closed system with a breast shield made from food-grade, frosted silicone, for your comfort and safety.

THE INS GEN 2 breast pump provide a mobile pumping method that maintains the quality and effectiveness of a non-mobile way, allowing you to express quickly and efficiently at your convenience. Assembly is simple and straight forward; all parts can be disassembled to enable easy cleaning and can be sanitised in boiling water.

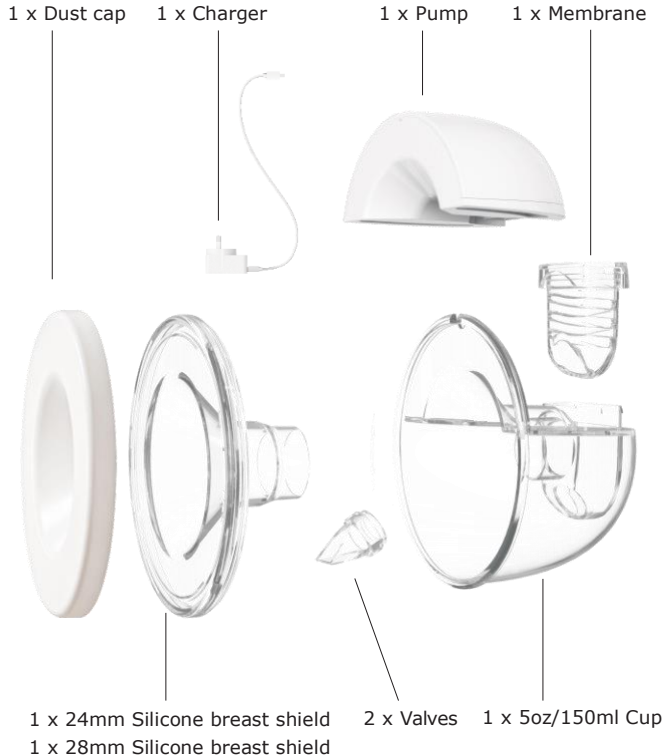


better breastfeeding experience!

We love to hear from you! If you have feedback or wish to share your breastfeeding story with us, please send us an email at: **[Service@youha.com](mailto:Service@youha.com)**

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- Please do not use unofficial adapter.
- Please switch off the breast pump before you remove the pump body from your breast.
- Please do not clean or sterilize pump body and adapter.
- If milk flow a little bit, please consult doctor and breastfeeding advisor.
- Do not continue pumping for more than five minutes at a time if you do not succeed in expressing any milk.
- If using a breast pump causes pain, please consult breastfeeding advisor or doctor.
- Never use the breast pump while you are pregnant, as pumping can induce labour.
- Wash your hands with soap and water and dry thoroughly before assembling parts before expressing.
- Avoid harsh detergents or hard scourers sponges as this may scratch or damage the product.
- Store in a cool, dry space and avoid direct sunlight.
- Replace the parts or the product if it shows signs of wear or damage.
- Replace the valves every month (1 spare valve is provided).
- Please do not use a cleaning brush inside the valve as this may damage the valve or shorten its lifespan.
- It is only intended for use by a single user, do not share with others.
- Ensure you use correct size of breast shield.
- Do not allow children to play with small parts, these parts may pose a choking danger.



**1. Before first use**

- a. Disassemble all parts
- b. Wash in warm soapy water
- c. Rinse well
- d. Submerge parts in pot of water and boil for 3-5 minutes
  - i. Use large pot to avoid parts touching sides or bottom of pot
- e. Shake off excess water and air dry on a dedicated rack or clean cloth

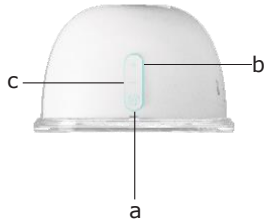
**2. After each use**

- a. Disassemble all other parts (membrane, collection cup, silicone breast shield and valve)
- b. Rinse with cold water soon after use
- c. Wash in warm soapy water
  - i. Valves can be cleaned by gentle rubbing between fingers
- d. Rinse well
- e. Shake off excess water and air dry on a dedicated rack or clean cloth

**3. How to sanitise**

- a. Follow cleaning instructions 2.a through 2.e
- b. Submerge parts in pot of water and boil for 3-5 minutes
  - i. Use large pot to avoid parts touching sides or bottom of pot
- c. Shake off excess water and air dry on a dedicated rack or clean cloth

### Pump Control Panel



a On/Off button / Mode button

b Increase vacuum

c Reduce vacuum

- Red light = massage mode
- Blue light = express mode
- Purple light = mixed mode

### Using the breast pump

- Long press "⏻" turn on (Show battery indicator)
- Long press "⏻" turn off (Show battery indicator)
- The breast pump automatically starts up in massage mode for 2 minutes, then change to express or mixed mode and shut down after 30 minutes
- Press "⏻" "change different modes
- Quiet Function: While the pump is on, double-click the on/off button to activate the Quiet Function. Double-click again to turn Quiet Function off .  
Note: When in Quiet Function the light appears darker to indicate the function is on.

Each mode is 10 levels

Massage mode, press ⊕ or ⊖ increase or reduce vacuum

Express mode, press ⊕ or ⊖, increase or reduce vacuum

Mixed mode, press ⊕ or ⊖, more or less frequency of massage

Press ⊕ or ⊖ indication light once flashing. it means change successfully

If the light keeps flashing, it means it is the lowest or highest level

Note: In mixed mode, the suction and cycle is the same level with massage and express mode, so you may adjust the level which fits for you before change to mixed mode

### Battery indicator

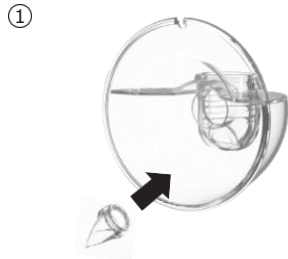
Green	Battery 31%-100%
Orange	Battery 11%-30%
Red	Battery 4%-10%
Red light blinking	Battery 1%-4%
Attention: Battery can not be charged over 24 hours, otherwise it will be damaged easily.	

- Each time the pump is switched on and off, the battery indicator will flash once, indicating the remaining battery power
- When the battery indicator flashes green and stops blinking, the battery is fully charged

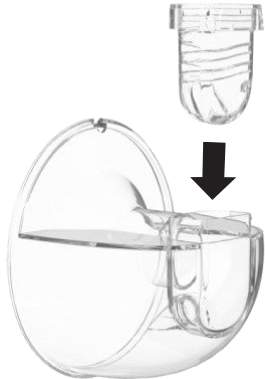
Note:

1. Do not worry if your milk does not flow immediately. Relax and continue pumping.
2. Do not continue pumping for more than 5 minutes at a time if you do not succeed in expressing any milk. Try to express at another time during the day.
3. You do not need to use all suction modes, only use the modes that are comfortable for you.
4. Pump is preset to turn off on 30 minutes.

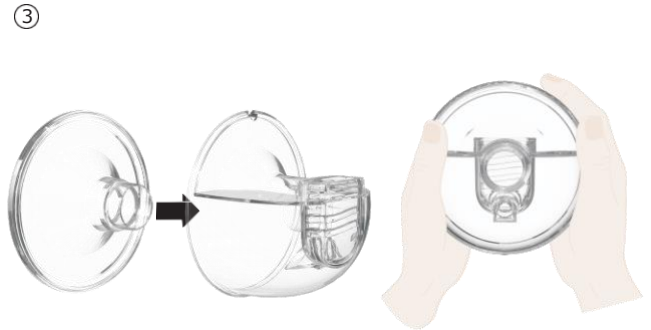
How to assemble



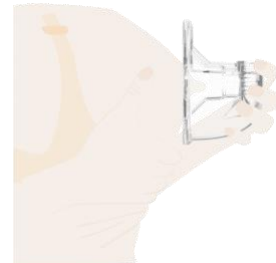
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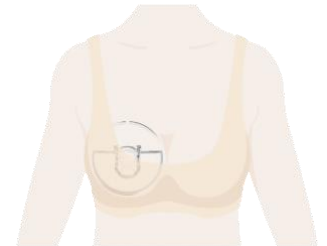
How to assemble



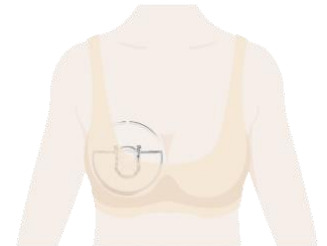
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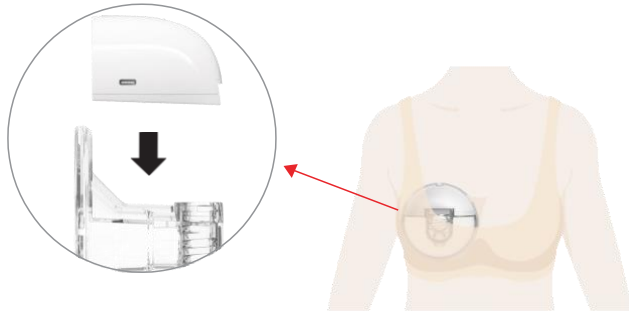
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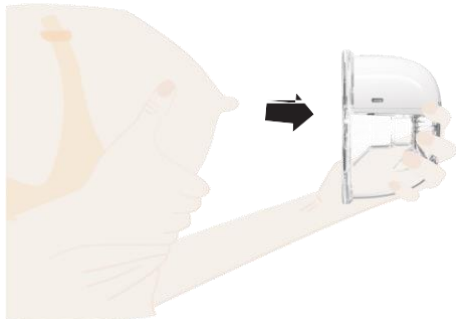
Placement in bra



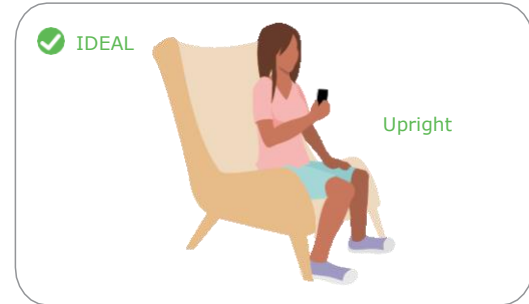
Placement in bra



Turn off the pump before remove from breast



Postures for expressing



## Troubleshooting

Issue	Solution
Unable to Express Milk	Make sure the suction is sufficient and the assembling of breast pump is quite correct. Relax and retry it, milk will be expressed after repeat trials.
Low or no suction	Ensure the valves are in the correct position and check for any damage or wear. Replace valve if needed.
	Check that all parts are securely assembled.
Nipple pain	Seek advice from a Lactation Consultant.

## Technical data

1. Power adapter input: 100-240V~ 50/60Hz
2. Power adapter output: 5V ±100mA
3. Nominal voltage: 5V ===
4. Rated current: 1000mA
5. Lithium battery: 3.7V,1200mAh
6. Product life: 1.5 Years
7. Fixed time: 30 minutes
8. Sucking power: 60mmhg--300mmhg
9. Noise limited: <60dB
10. Environmental Conditions for Operation: 10-30 , RH15%-93%,700-1060hpa
11. Environmental Conditions Storage: -25-50 , RH15%-93%,700-1060hPa

Power In / Power Out

In	Out
100-240V~ 50/60 Hz	5V = 1A

Vacuum Range (approx.)  
60-300 mmHg

Battery Capacity and Type  
3.7V 1200mAh  
Li-Ion

Product Net Weight  
246 g