

# Shiatsu Neck and Back Massager Pillow with Heat

Your Own Professional Masseuse anytime anywhere

## Usage Instructions:

1. Use the car adapter to connect it in a vehicle 's cigarette entry port or Use the AC adapter to plug it into a power supply socket.
2. The first time to press the ON/OFF Button, start the power and heat function; The second time to press the ON/OFF Button, change the massage direction; The third time to press it, shut down the heat function; The fourth time to press it, turn off the power.
3. Press the speed button to change the massage speed from high-medium-low depending on your preference.
4. Please remember to pull out the plug from power socket or cigarette lighter when stop using it.

