



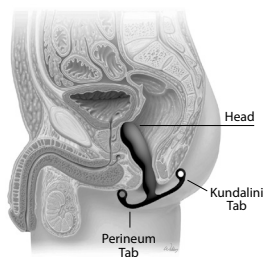
ANEROS[®]

HANDS FREE PLEASURE

USER GUIDE

ANEROS® MALE G-SPOT STIMULATOR INSTRUCTIONS:

Aneros Male G-Spot Stimulators remain the only patented devices of their kind. Their proven hands free self-pivoting design simultaneously massages the Male G-Spot and the perineum creating intense orgasms. Aneros products are a wonderful addition to your sex life, with your lover or out on your own.



PREPARATION

1. Wash your massager with warm soapy water before and after every use.
2. Apply adequate lubricant to the massager and lie on your side.

SESSION

1. Keeping the lower leg straight, bring your top knee to your stomach.
Slowly insert the massager, positioning the perineum tab against the area between the anus and the scrotum (perineum).
3. Relax - mentally and physically, allowing your body to become accustomed to the massager. Breathe deeply, releasing tension and focusing on the new sensations.
4. Contract and relax the sphincter muscle as slowly as possible. Your massager will automatically massage the Male G-Spot. As the sensations build, you may wish to increase the frequency and intensity of the contractions.

ADVANCED

1. For best results, use only the muscular contractions of the sphincter to move your massager back and forth; do not apply manual pressure.
2. Visit our online forum at: www.neros.com/forum for more tips and helpful information from the entire Aneros community.

Disclaimer: Use of Aneros products is at his/her own risk. Neither the manufacturer nor the retailer assumes any responsibility or liability for use of the products. If you experience any pain or discomfort during use, you should discontinue use of the product.

ANEROS® PERIDISE® INSTRUCTIONS:

The Peridise® Unisex Anal Toy's thoughtful, patented design is unlike any other anal toy because it utilizes the body's natural peristaltic response to enhance sensations. The Peridise will help you have the strongest orgasms of your life.



PREPARATION

1. **Cleanse** (*optional*): For a more comfortable session, we recommend clearing your bowels before use. You may also bathe and/or use a warm water rinse.
2. **Relax**: Relaxation is the key to healthy, pleasurable anal play.
3. **Exercise**: Practice kegels to prime the anorectal muscles.
4. **Lubricate**: The sensitive tissues in the anal canal need sufficient lubrication to keep friction low and pleasure high. You can lubricate internally using Marksman pre-filled applicators, your finger, the Peridise, or a rectal syringe.

SESSION

1. Gently insert only the head of the Peridise into the anal canal, then contract your sphincter muscles several times to pull the Peridise in. Do not force insertion. Be kind to your behind.
2. After your body is accustomed to the presence of the Peridise, begin contraction and relaxation exercises, experimenting with different strengths and durations.

ADVANCED

1. By learning to control the position of the Peridise within the anal canal through sphincter contractions and rectal pressure, the peristaltic waves will become stronger and come in more rapid succession.
2. The anal canal is a treasure trove of nerve endings. The curves and balls of the Peridise placed in different positions and depths within the anal canal will surprise and delight you with very distinct and unique sensations.

ANEROS®

CARE & CLEANING

ANEROS® massagers are made of two types of materials, rigid (plastic and stainless steel) and flexible (silicone). The product type determines how these items are cared for and cleaned.

CARE

Rigid massagers may be used with all kinds of personal lubricants; water, oil or silicone based. These models include:



Eupho
Trident



Helix
Trident



Progam®
Classic



Progam®
Black Ice



Paradise



Maximus
Trident



MGX
Trident



Progam®
Ice



Progam®
Jr.



Tempo

Flexible (silicone) massagers should only be used with water and oil-based personal lubricants. Never use a silicone based lubricant with a silicone device. Doing so will degrade the product's surface and void your warranty. These models include:



MGX Syn
Trident



Eupho Syn
Trident



Helix Syn
Trident



Vice 2



Helix
Syn V



Vivi

ANEROS®

CARE & CLEANING

WASH YOUR ANEROS PRODUCT BEFORE AND AFTER USE. STORE IN A CLEAN, DRY ENVIRONMENT.

CLEANING



All of our devices are non-porous and easy to clean. Wash with a non-abrasive soap and hot water and allow to air dry. As an option, a good quality adult toy cleaner may be used. Never attempt to sanitize ANEROS® products in boiling water, this will result in deformation and void your warranty. Do not use cleaners containing acetone or petroleum based solvents, as they will degrade the product's surface and void your warranty.

SPECIAL INSTRUCTIONS FOR ELECTRONIC MODELS

(VIVI, VICE 2 and Helix Syn V)



Avoid exposure to high heat or long periods in sunlight.



Avoid long term immersion in water.



Once fully charged, remove device from charger, failure to do so may reduce battery life.

