

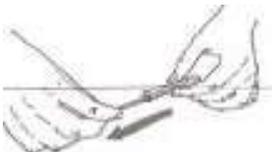
1. Instructions DNA collection

Intended for the retrieval of buccal cells. Single use only. Store at room temperature. Use only if swab wrapper remains intact. Note: The fresh silica gel is colored orange and turns green when moisture is absorbed. In the event that the capsule is colored green on removal from the foil pack, this indicates that the capsule has already been exposed to moisture and is not suitable for use. **CE certified product.**

Take your DNA sample at least one hour after eating , drinking or cleaning teeth. For the best results, rinse mouth with water immediately prior to sampling.



1.1 Pull open the package from one end.



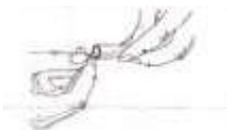
1.2 Remove the swab from the tube, taking care not to touch the white swab head with your fingers.



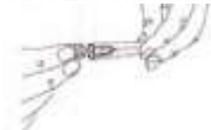
1.3 Insert the swab into your mouth and rub firmly against the inside of your cheek or underneath lower and upper lip. For standard DNA collection rub for 1 minute and in all cases rub for a minimum of 20 seconds. Important – use reasonable, firm and solid pressure.



1.4 Place the swab back into the tube. Do not touch the swab head with your fingers.



1.5 Place your thumbnail in the small groove set in the handle, then snap the handle in two by bending to one side. Let the swab head fall into the tube.



1.6 Remove the silica gel capsule from the foil wrapper and place in the tube so that the capsule sits on top of the swab head. Seal the tube securely with the cap provided and attach the provided label with the unique code on the tube.

2. Kit registration & shipment sample

2.1 Before shipping the collected sample back using the return envelope in the product box make sure to register the kit.

2.2 To register your kit and access your results, sign-up for a personal account via <https://portal.ascotgenetics.com/accounts/login/>

2.3 Register your kit by logging into your account and use the unique code which you can find on your product box in combination with your quotation number. The name that you fill in as the test person is the name which will be used in the data report. Your own name is not mandatory and you may also use a nick name.

2.4 As soon as your data is available you will receive an e-mail notification. You can access your results by downloading the report in your personal account.

2.5 You can use your account for multiple Ascot Genetics kits.

2.6 In case you wish to delete your personal account including the uploaded report(s), you may contact us at anytime via info@ascotgenetics.com

3. Contact

3.1 If you have any questions on the DNA collection, kit registration, or questions on the results our support team is happy to assist via info@ascotgenetics.com

4. **Terms and conditions** (click to view)

5. **Privacy policy** (click to view)