



SW-351 SMARTWATCH

# User's Guide



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ENGLISH

## Safety information

Please read the safety instructions carefully before using the product for the first time and keep the instructions for future reference.

1. This product is not a toy. Keep it out of reach of children.
2. Warning: This product includes lithium polymer battery.
3. Keep product out of the reach of children and pets

to avoid chewing and swallowing.

4. Product operating and storage temperature is from -5 degree Celsius to 40 degrees Celsius. Under and over this temperature might affect the function.

5. Never open the product. Touching the inside electrics can cause electric shock. Repairs or service should only be performed by qualified personnel.

6. Do not use for water depth below 2 meters!

7. Please remove the Smart watch in case of any leakage or excessive heat from the product to avoid burns or rash.
8. Only charge with the supplied USB cable.
9. Using other accessories than the ones delivered with the product can cause abnormal functionality.
10. Bluetooth wireless technology operates within a range of about 10 m (30 feet). The maximum communication distance may vary depending on the

presence of obstacles (people, metal objects, walls, etc.) or the electromagnetic environment.

11. Microwaves emitting from a Bluetooth device may affect the operation of electronic medical devices.

## **1. Quick start guide**

### ***Overview***



#### **1. Touch screen**

2. Power button
3. Heart rate sensor
4. Charging plate
5. Temperature sensor
6. Blood oxygen sensor
7. Sport mode key

To charge the smart watch, connect the charging clip of the USB cable to the charging plate on the back of the smart watch. If successfully connected, the charging icon appears on the screen.



***Install “Denver Smart Life Plus” app on the phone***

Search and install the “Denver Smart Life Plus” app from Google Play or App Store. Or scan the following QR code to directly install the app.



***Connect the smart watch  
with mobile phone***

1. Enable Bluetooth on your smart phone.
2. Open “Denver Smart Life Plus” on your smart phone; set your profile in Settings.
3. Tap “Connect Smartwatch” in Settings.
4. Choose your smartwatch and connect it



with your smart phone.

***Unbind the smart watch with mobile phone***

1. Open “Denver Smart Life Plus” on your smart phone.
2. Tap “Disconnect Smartwatch” in Settings.
3. To disconnect your smart watch with an iPhone, please click “Disconnect Smartwatch” in “Denver Smart Life Plus Settings”, then go to “Bluetooth” in your iPhone Settings to “Forget This Device”.

## ***Operation introduction***

- You can raise your hand or press the power button to light the screen.
- Press and hold the watch face screen, then slide left or right to change the watch face.
- Press and hold the power button to turn on the smart watch when powered off.

## **2. How to use**

- **Turn on:** Press and hold the power button for 3

seconds.

- **Go to menu screen:** Slide left in the watch face screen.
- **Select a function:** Click on the icon.
- **Exit the menu:** Slide the screen from left to right.
- **Return to the watch face:** Short press the power button in any screen.
- **Check messages:** Slide from left to right in the watch face screen.

### 3. Menu navigation



After turning on the smart watch, the watch face screen is displayed.



When the watch face

screen is displayed:

1. Go to the menu screens
  - a. Slide left in the watch face screen to enter the menu screens.
  - b. Slide up and down to switch the menu screens.
  - c. Tap the icon to enter the sub menu. Slide from left to right to return to the previous menu.



2. Go to the messages shortcut screen  
Slide from left to right in

the watch face screen.



3. Go to other shortcuts screen

Slide up and down in the watch face screen.



**4. Functions**

## ***Watch face screen***



You can press the power button to go to the watch face screen quickly.

If you want to change the watch face of your smart watch, press and hold the current watch face for 3 seconds, then slide left and right to go through the different watch faces and choose the one you like.

## ***Shortcut***



- Screen brightness

You can tap the brightness icon to adjust (+/-) the screen brightness.

- Find phone

If your smart watch is connected with Denver Smart Life Plus app, you can find your phone by tapping this icon and your phone will ring.

- Shut down



You can shut down your smart watch by tapping this icon.

- Settings

You can go settings quickly by tapping this icon.

- Stopwatch

You can enter stopwatch quickly by tapping this icon.

### ***Multi-Sport***



Tap this icon to enter the multi-sport mode. The smart watch has multiple sports modes: walking, running, cycling, run indoor,

hiking, swimming and more. Choose a sport mode you want, and then do sports. The smart watch records your exercise data.



If you want to end the sports, slide the screen to right and tap the “√” icon to finish your sports and save the data. The smart watch displays your exercise data. If you’ve connected your smart watch with the “Denver

Smart Life Plus” app via Bluetooth, you can also check your exercise data in the app.



Note: Too little exercise data will not be saved.

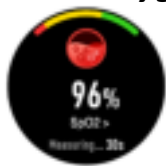
### ***Body temperature monitor***



Tap the body temperature

icon to monitor your current body temperature. To exit the body temperature monitor, slide the screen to right. Please notice – this is not medical grade. If you are unsure, always use a standard thermometer.  
Measurement tolerance 0.4 degrees Celsius.

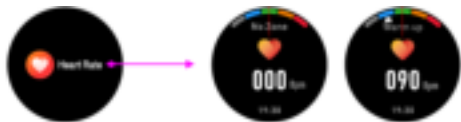
### ***Blood oxygen monitor***



Tap the blood oxygen icon

to monitor your current blood oxygen. To exit the blood oxygen monitor, slide the screen to right.

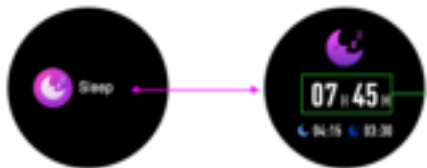
### ***Heart rate monitor***



Tap this icon to monitor your current heart rate. To exit the heart rate monitor, slide the screen to right. If you've connected your smart watch with the "Denver Smart Life Plus" app via Bluetooth, you can also check your heart rate

data in the app.

## *Sleep monitor*



The smart watch automatically monitors your sleep between 9:00 p.m. and 9:00 a.m.

When you get up the next day, the smart watch displays your sleep report about the time of total sleep, light sleep and deep

sleep. If you've connected your smart watch with the "Denver Smart Life Plus" app via Bluetooth, you can also check more detailed sleep report in the app.

## ***Alarm***



You can set reminders in both "Denver Smart Life Plus" app and smart watch itself. When alarm time is up, the alarm icon is animated and the smart

watch vibrates.

## ***Messages***



Slide the watch face from left to right, and then you can check your phone calls, SMS, QQ, WeChat, Whatsapp, Facebook and Twitter notifications, etc. The messages will be automatically deleted after reading.



## ***Weather***



If you've connected your smart watch with the “Denver Smart Life Plus” app via Bluetooth, the smart watch displays the weather forecast.

## ***Camera***



After connecting with the

app, you can take pictures remotely from your smart watch.

### ***Music playback control***



Tap the music icon to enter the music playback control interface.

You can select the previous/next song, and play/pause music. To exit music playback control, slide the screen from left to right.

## ***Sedentary reminder***



Go to the “Settings” in the “Denver Smart Life Plus” app to set the time intervals (minutes), start time and end time. Turn on/off sedentary reminder on smart watch or app. Slide the screen to right to exit.

## ***Settings***



Tap this icon to enter the settings menu.

- Find phone

If your smart watch is connected with Denver Smart Life Plus app, you can find your phone by tapping this icon and your phone will ring.

- Dial Switch

Tap the icon and then slide left and right to go through

the different watch faces and choose the one you like.

- Screen brightness

You can tap the brightness icon to adjust (+/-) the screen brightness.

- System

You can check the system of your smart watch by tapping this icon.

- Languages

You can set language here.

- Shut down

You can shut down your smart watch by tapping this icon.

- Reset

You can reset your smart watch by tapping this icon.

- Display Off

You can set time to turn off display.

- Temperature settings

You can set temperature unit here.

Please notice - All products are subject to change without any notice. We take reservations for errors and omissions in the manual.

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Electric and electronic equipment and included batteries contains materials, components and substances that can be hazardous to your health

and the environment, if the waste material (discarded electric and electronic equipment and batteries) is not handled correctly.

Electric and electronic equipment and batteries is marked with the crossed out trash can symbol, seen below. This symbol signifies that electric and electronic equipment and batteries should not be disposed of with other household waste, but should be disposed of separately.



As the end user it is important that you submit your used batteries to the appropriate and designated facility. In this manner you make sure that the batteries are recycled in accordance with legislature and will not harm the environment.

All cities have established collection points, where electric and electronic equipment and batteries can either be submitted free of charge at recycling stations and other

collection sites or be collected from the households. Additional information is available at the technical department of your city.

Hereby, DENVER A/S declares that the radio equipment type SW-351 is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: [www.denver.eu](http://www.denver.eu), and then

click the search icon on top line of website. Write model number: SW-351. Now enter product page, and red directive is found under downloads/other downloads.

Operating Frequency Range:  
2.402GHz—2.480GHz  
Max Output Power: 3.3dBm  
Warning Lithium battery  
inside

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DK-8382 Hinnerup

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