

# Manual Fitness Trampoline

## Instruction for Trampoline Installation



1 Pull out into a semicircle from the folded state



Attention:  
Don't jam the screw connector



2 Open it into a semicircle shape



3 Open into a circle



4 Put on the protective cover  
after supporting the frame:



5 Install the support rod



6 Install all the support rods



7 The installation is complete

## Instructions for handrail installation



8 Install the five gears adjustment  
levers on both sides first



9 Note: the five gears position  
is facing down



10 Nuts for fixing the gears  
on both sides



11 Install the handrail to the  
corresponding folding position



12 Install the handrail to the  
corresponding folding position



13 Mounting the screws  
of the handrail



14 Fixing screws



15 The installation is complete