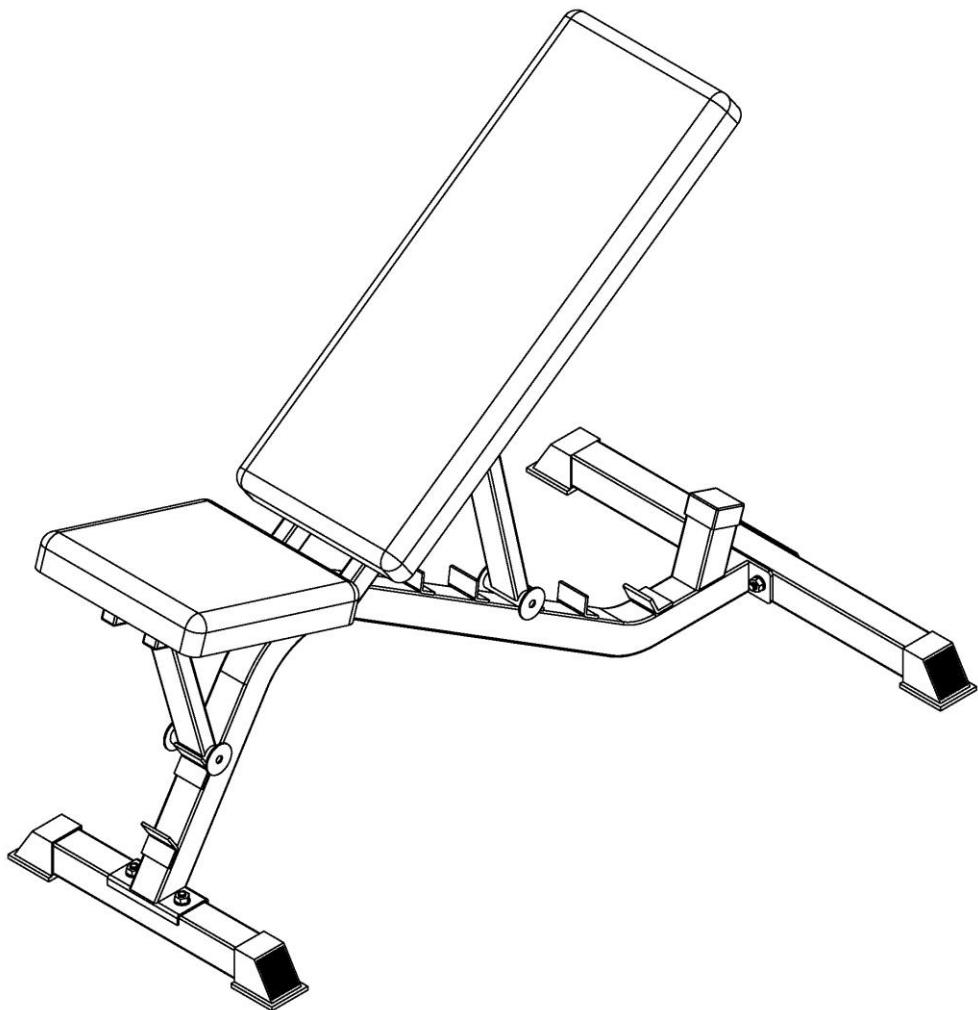


**FOCUS**  
FITNESS

# Force 8



**FOCUS**  
FITNESS

# Force 8

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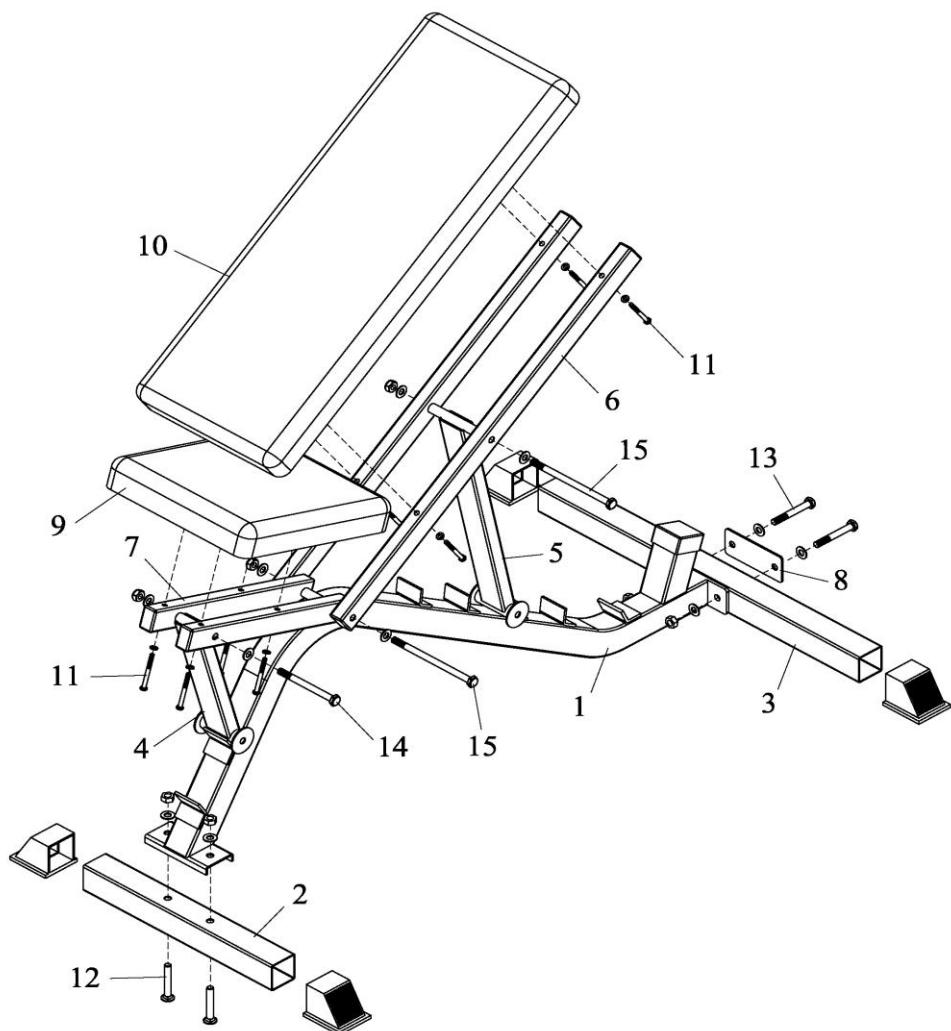
# Force 8

## 1 Parts list

NUMBER	DESCRIPTION	QUANTITY
1	MAIN FRAME	1
2	FRONT BASE	1
3	REAR BASE	1
4	SEAT ADJUSTMENT	1
5	BACKREST ADJUSTMENT	1
6	BACKREST SUPPORT	2
7	SEAT SUPPORT	2
8	JOINT PLATE	1
9	SEAT CUSHION	1
10	BACK CUSHION	1
11	BOLT M6*60 + WASHER	8
12	SQUARE NECK BOLT M10*60 + WASHER + NUT	2
13	BOLT M10*75 + WASHERS + NUT	2
14	BOLT M10*120 + WASHERS + LOCK NUT	1
15	BOLT M10*170 + WASHERS + LOCK NUT	2

# Force 8

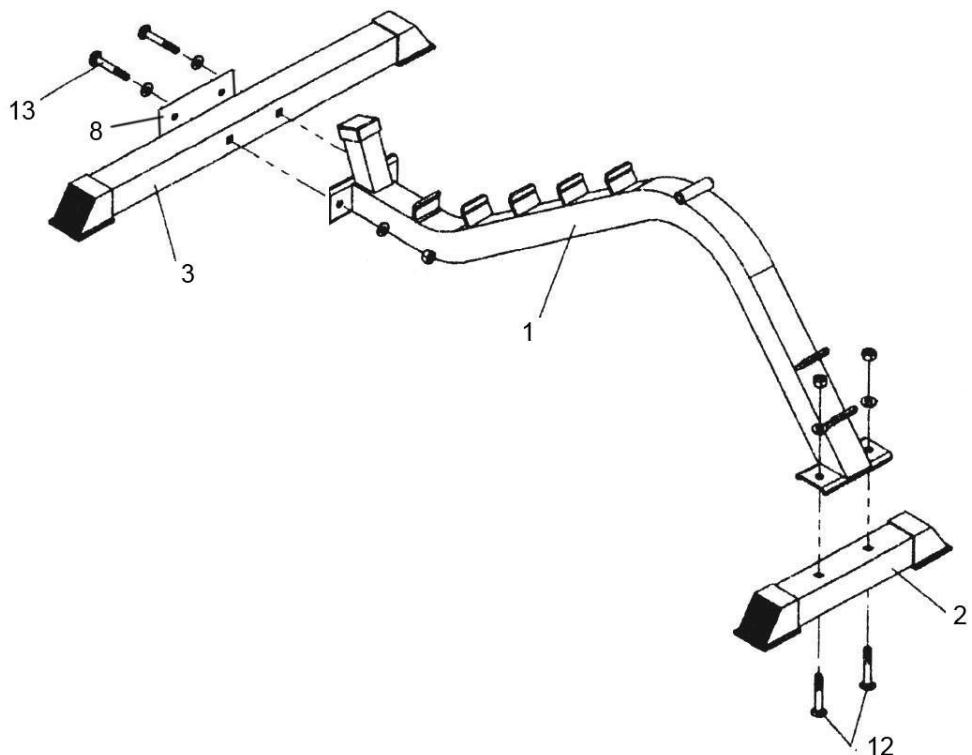
## 2 Overview drawing



# Force 8

## 3 Assembly

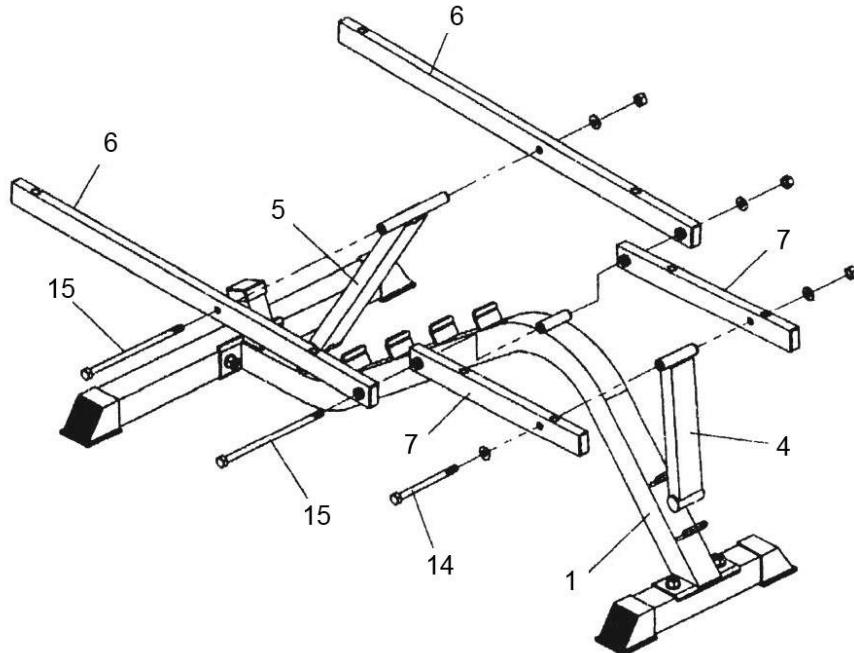
### STEP 1



1. Attach front base (2) to main frame (1) with square neck bolt M10\*60 + washer + nut (12).
2. Attach rear base (3) and joint plate (8) to main frame (1) with bolt M10\*75 + washers + nut (13).

# Force 8

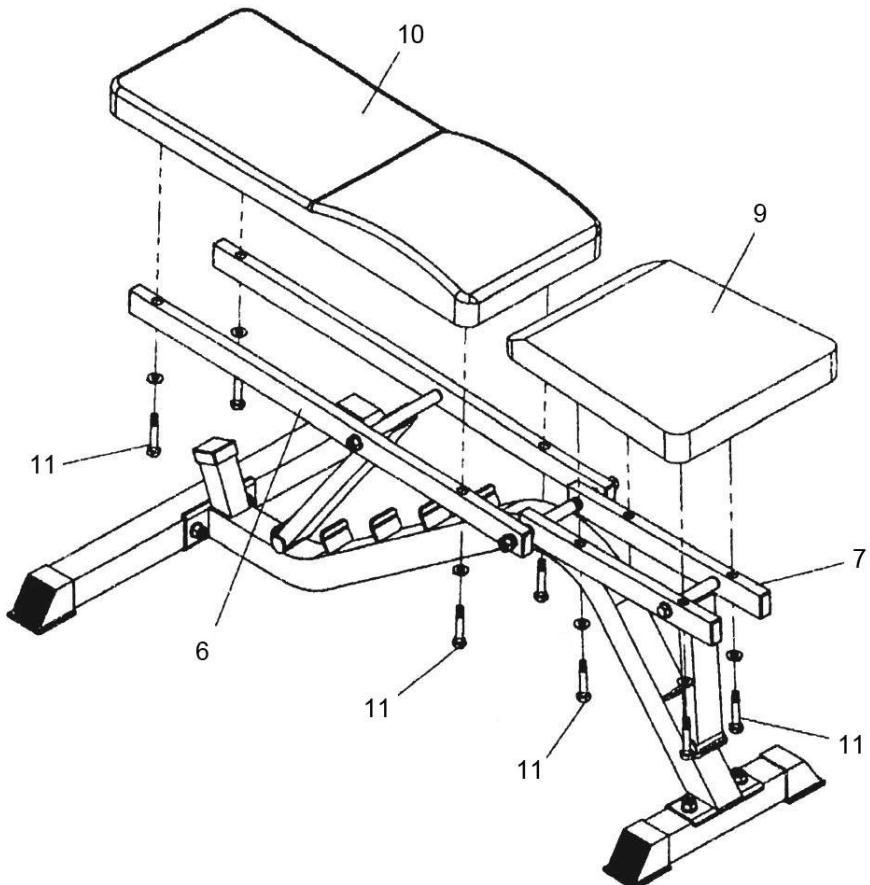
## STEP 2



1. Attach seat support (7) and backrest support (6) to main frame (1) with bolt M10\*170 + washers + lock nut (15).
2. Attach backrest adjustment (5) to backrest support (6) with bolt M10\*170 + washers + lock nut (15).
3. Attach seat adjustment (4) to seat support (7) with bolt M10\*120 + washers + lock nut (14).

# Force 8

## STEP 3



1. Attach seat cushion (9) to seat support (7) with bolt M6\*60 + washer (11).
2. Attach back cushion (10) to backrest support (6) with bolt M6\*60 + washer (11).

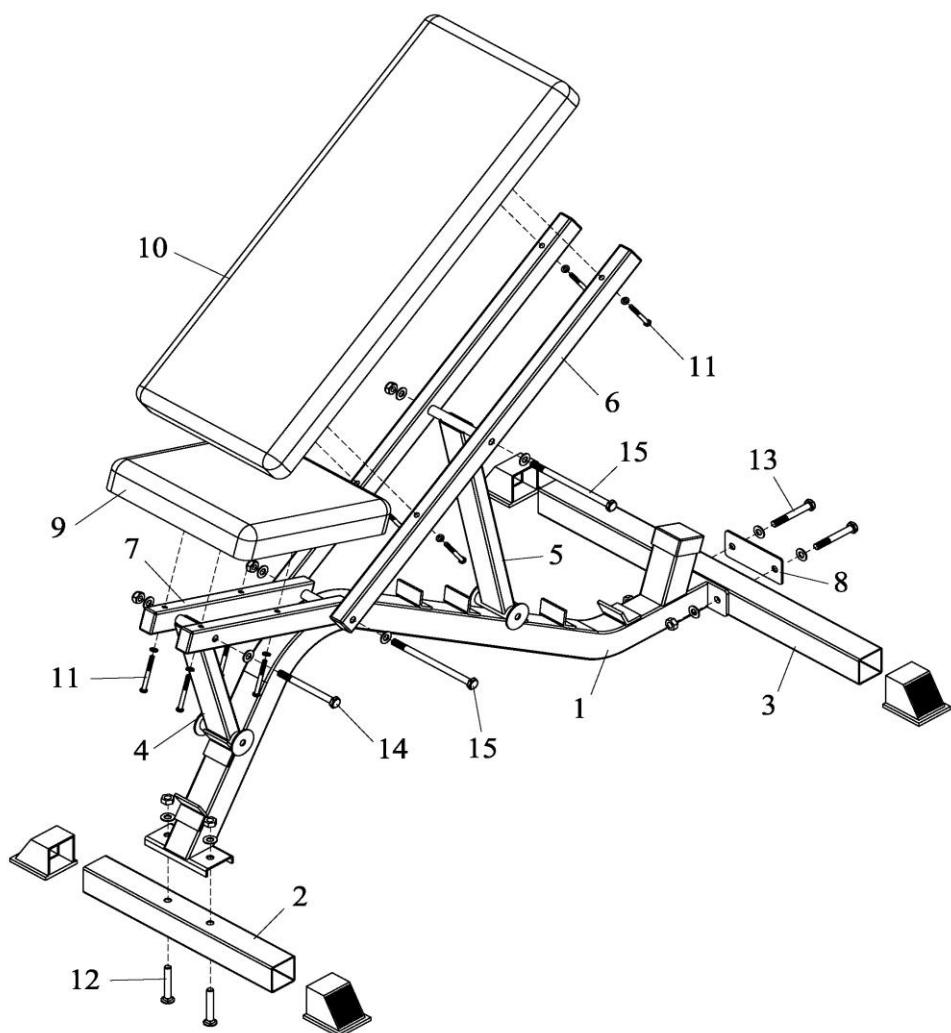
# Force 8

## 1 Onderdelenlijst

NUMMER	BESCHRIJVING	AANTAL
1	HOOFDFRAME	1
2	VOORSTE BASIS	1
3	ACHTERSTE BASIS	1
4	ZITAANPASSING	1
5	RUGLEUNINGVERSTELLING	1
6	RUGLEUNINGSTEUN	2
7	ZITSTEUN	2
8	VERBINDINGSPLAAT	1
9	ZITKUSSEN	1
10	RUGKUSSEN	1
11	BOUT M6*60 + SLUITRING	8
12	BOUT MET VIERKANTE HALS M10*60 + SLUITRING + BOUT	2
13	BOUT M10*75 + SLUITRINGEN + MOER	2
14	BOUT M10*120 + SLUITRINGEN + BORGMOER	1
15	BOUT M10*170 + SLUITRINGEN + BORGMOER	2

# Force 8

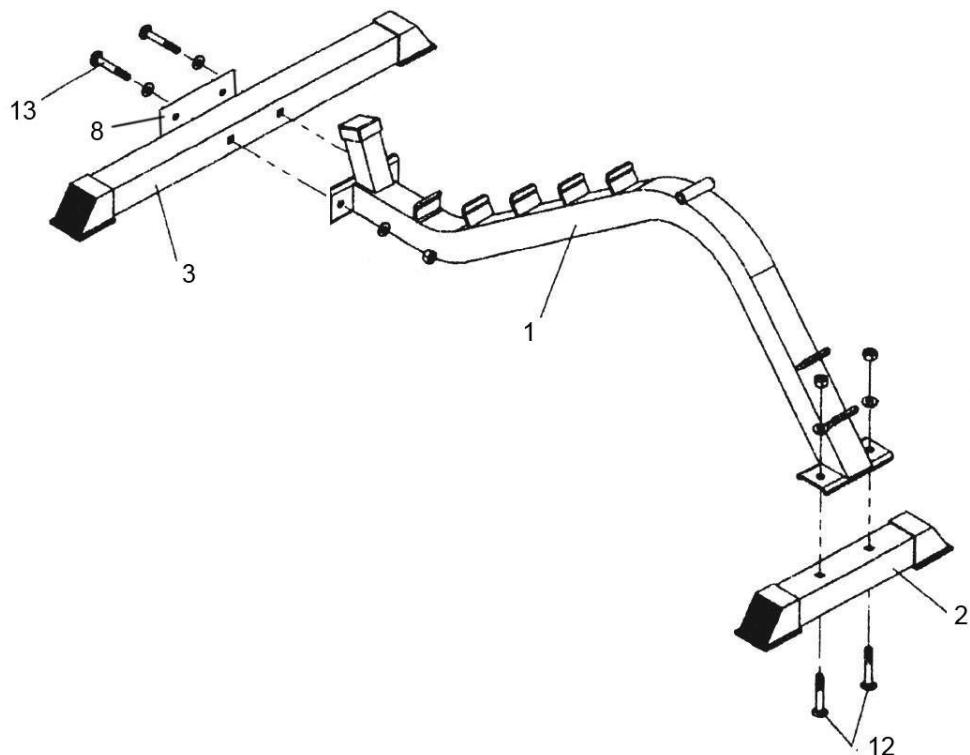
## 2 Overzichtstekening



# Force 8

## 3 Montage

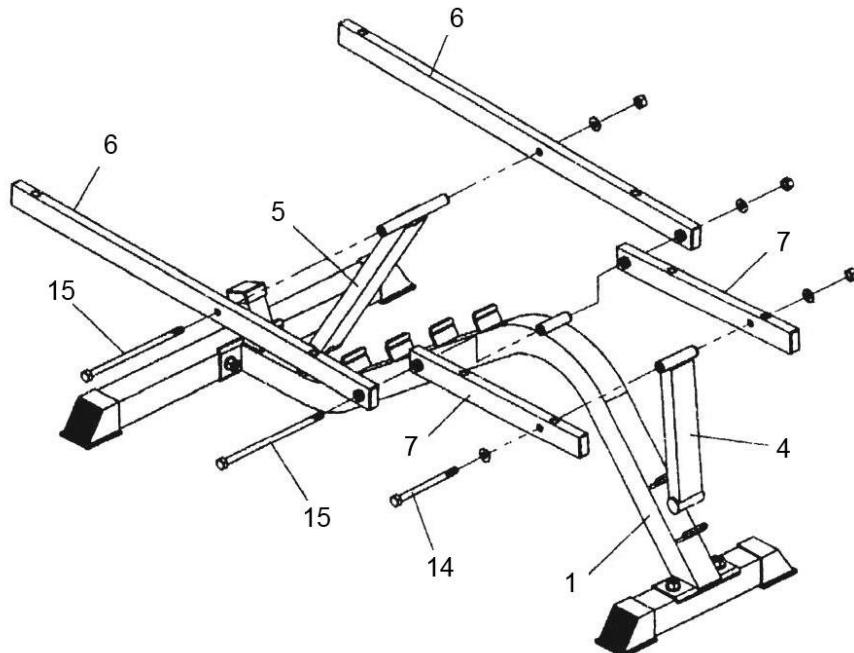
### STAP 1



1. Bevestig de voorste basis (2) aan het hoofdframe (1) met de vierkante halsbout M10\*60 + sluitring + moer (12).
2. Bevestig de achterste basis (3) en verbindingssplaat (8) aan het hoofdframe (1) met bout M10\*75 + sluitringen + moer (13).

# Force 8

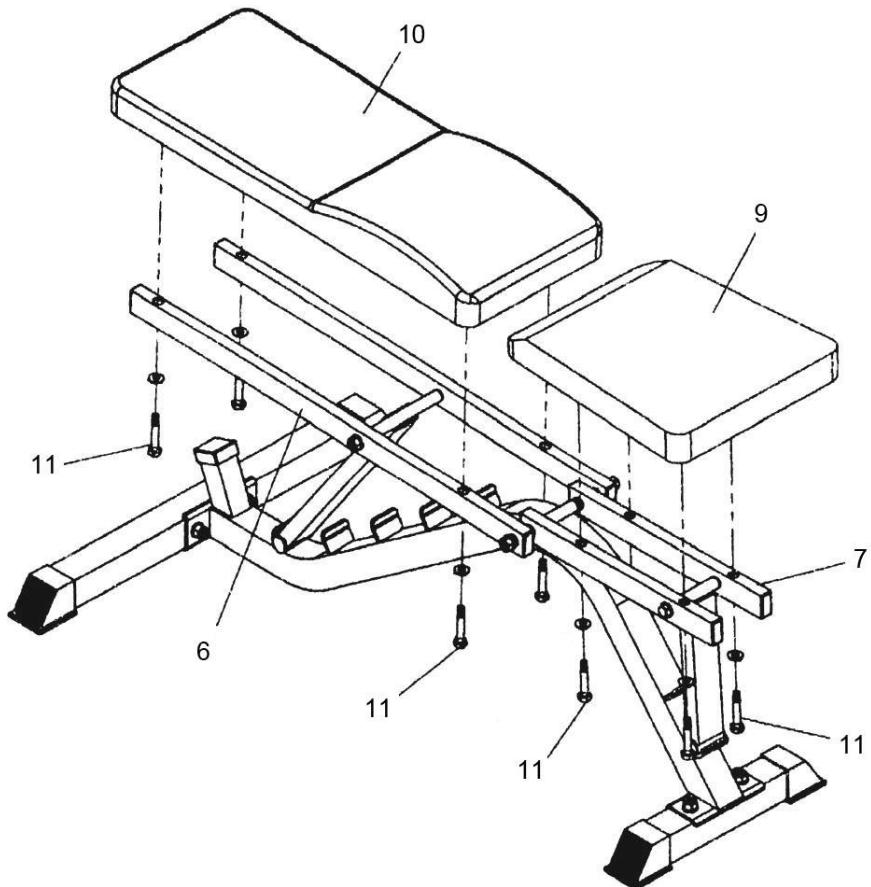
## STAP 2



1. Bevestig de zitsteun (7) en de rugleuningsteun (6) aan het hoofdframe (1) met de bout M10\*170 + sluitringen + borgmoer (15).
2. Bevestig de rugleuningverstelling (5) aan de rugleuningsteun (6) met bout M10\*170 + sluitringen + borgmoer (15).
3. Bevestig de stoelverstelling (4) aan de stoelsteun (7) met bout M10\*120 + sluitringen + borgmoer (14).

# Force 8

## STAP 3



1. Bevestig zitkussen (9) aan zitsteun (7) met bout M6\*60 + sluitring (11).
2. Bevestig rugkussen (10) aan rugleuningsteun (6) met bout M6\*60 + sluitring (11).