



neo HEALTH

# ONYX SE

Body composition monitor

Works with  virtuagym

**Thank you for purchasing the NEO Health ONYX SE. Please read this manual carefully for instructions.**

#### **What is included:**

1. NEO Health ONYX SE
2. 3x AAA batteries
3. This manual

**Made in China**  
**Designed in Amsterdam**

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The Netherlands  
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## **1 Before use**

Fill the battery slot with 3x AAA batteries. You can find the slot at the back of the scale.

### **Download the Virtuagym mobile app**

The ONYX SE scale works with the Virtuagym Fitness app. Download the application on your smartphone and log-in / sign-up.



### **Specifications**

- Batteries: 3x 1.5V AAA
- Measurement range: 0.2 ~ 180 kg (0.4 ~ 400 lbs)
- Measurement resolution: 0.1 kg (0.2 lbs)

## **2 Set up and use**

1. Start by opening the application and pairing your ONYX SE scale with your phone:

**Settings > Devices & Connections > ONYX SE**

2. After pairing use the “Measure Now” button and follow the instructions on the mobile application

3. Your measured data will be saved in the progress metrics in the mobile application. To access your data go to the “Me” tab in the bottom navigation.






**Me > Progress > Body Composition**

### 3 Daily use

As long as your ONYX SE is connected in Devices & Connections, weighing in is easy. Just open the Virtuagym app, make sure your phone's bluetooth is on and do a new measurement as follows:

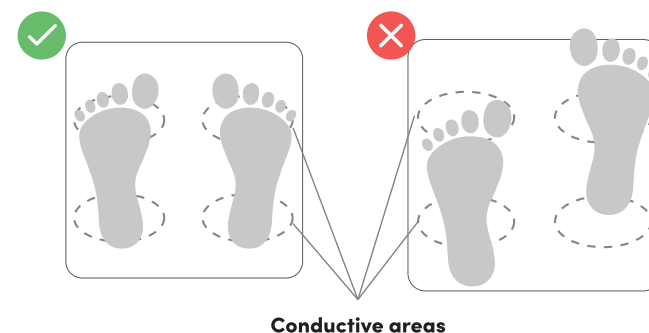
**Me > Body Composition > log with scale**

#### Trouble shooting

 Normal working	No display Change battery	 No wireless connection
 Change battery	 Overload	 Calibrating

### 4 Measurement tips

- Measure in morning, after peeing and before taking a shower, bath or sauna
- Place the scale on a flat, hard and dry floor (not on a carpet or rubber floor)
- Take off your socks for accurate results
- Make sure you stand on the scale correctly



### 5 Safety precautions

- Smart scales should not be used to diagnose or treat any medical condition
- Data may not be accurate when used immediately after heavy physical activity
- Do not keep scale loaded for a long time

#### WARNING

- Do **not** use if you have a pacemaker, artificial lung, ECG or any other internal medical device
- Do **not** use if you are pregnant
- Do **not** use on slippery floor, do not use when your body is wet



Weight



Muscle mass



Body water



Body fat



BMI



Bone mass



All in one mobile app