

How to Install to the floor stand



1. Loosen the fixing screw knob



2. Hold the middle pole of the light stand with one hand and pull out the stand legs with the other hand



3. Adjust the stand legs to the angle you want



4. Fix the 3 legs stably by tightening the fixing screw knob



5. Loosen the screw knob on the middle pole to extend the light stand to the height you want



6. Tighten the screw knob to fix it



7. Mount the metal ballhead to the light by 1/4 thread design



8. Connect the light and tripod via metal ballhead



9. Loosen the tripod head knob, adjust the ring light to the best shooting angle and then fix the knob