

**KEY POINTS POINTS ESSENTIELS WICHTIGE HINWEISE PUNTI DI ATTENZIONE**  
**PUNTOS CLAVE**

NEVER put the mouthguard straight into a pan. Pour the water into a ceramic bowl first.

**NE JAMAIS** immerger le protège-dents directement dans une casserole.  
 Verser d'abord l'eau dans un bol en céramique.  
 Den Mundschutz **NIEMALS** direkt in den Topf geben – das Wasser stets zunächst in eine Keramikschüssel geben.

Non mettere **MAI** il paradenti direttamente nel contenitore. Prima versare l'acqua in una bacinella di ceramica.

NUNCA ponga la protección directamente sobre un cazo. Antes debe verter agua en un recipiente de cerámica.



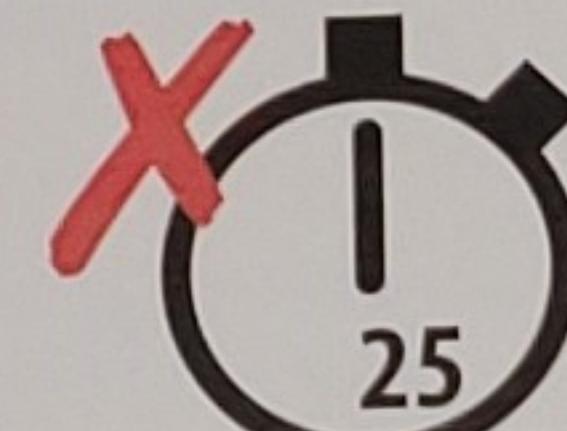
DON'T allow the mouthguard to stay in the boiling water more than 20 seconds. This is **CRITICAL**.

**NE JAMAIS** laisser le protège-dents dans l'eau bouillante pendant plus de 20 secondes. Ceci est **CRUCIAL**.

Den Mundschutz **AUF KEINEN FALL** länger als 20 Sekunden im Wasser lassen.

**NON** lasciare il paradenti in acqua bollente per più di 20 secondi. **Questo è FONDAMENTALE.**

IMPIDA que la protección pase más de 20 segundos sumergida en agua hirviendo. Es **VITAL**.



DON'T cool the mouthguard under a tap. You must cool it when still in your mouth with a glass of cool water.

**NE refroidissez PAS** le protège-dents sous l'eau du robinet. Vous devez le refroidir lorsqu'il est immobilisé dans votre bouche avec de l'eau froide.

Den Mundschutz **NICHT** unter fließendem Wasser abkühlen lassen. Der Mundschutz muss während des Tragens mit kaltem Wasser abgekühlt werden.

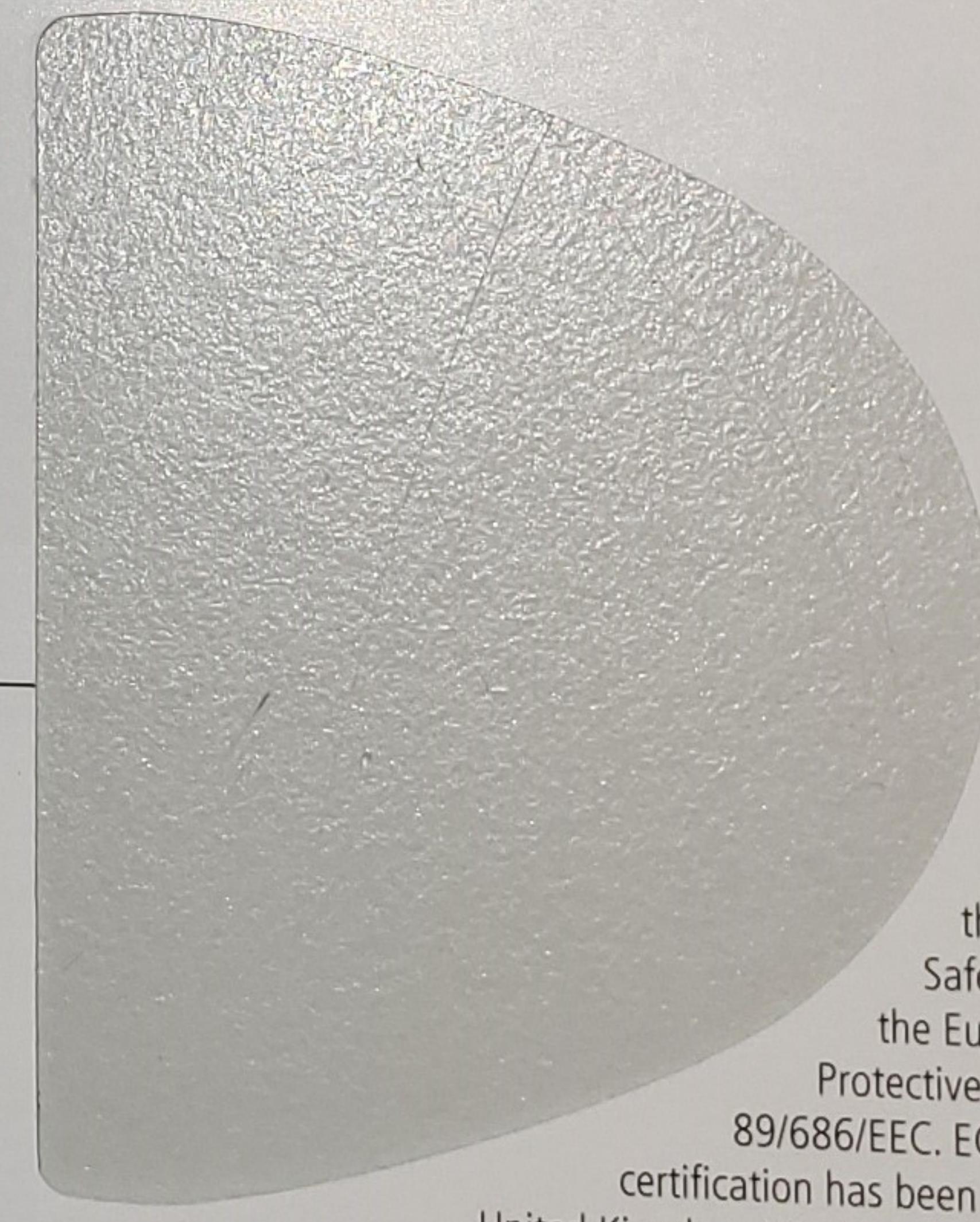
**NON** far raffreddare il paradenti sotto l'acqua corrente. Raffreddarlo con acqua fresca quando è ancora in bocca.

**NO** enfrié la protección bajo el agua del grifo. Para enfriarla debe usar agua fría mientras tenga colocada la protección en la boca.



**MANUFACTURERS INFORMATION FOR USERS TESTING AND APPROVAL OF THIS PRODUCT**

'OPRO Self-Fit' mouthguards have been tested against the manufacturer's specifications, using the technical specification "prEN 'Mouthguards for use in sports – Safety requirements and test methods' (CEN/TC 162/WI 00162245); Issue date 12/06" which has



been assessed and is considered to satisfy the Essential Health and Safety Requirements of the European Union Personal Protective Equipment Directive 89/686/EEC. EC Type-Examination certification has been issued by SGS United Kingdom, Weston-Super-Mare BS22 6WA, England UK; Notified Body No. 0120. 'OPRO Self-Fit' mouthguards are CE marked to denote compliance with the EU Personal Protective Equipment Directive 89/686/EEC.