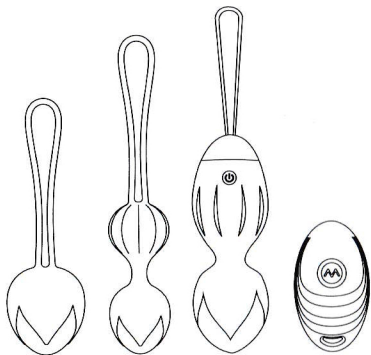


# User Manual

**playbird**

## Kegel ball training advanced



Thank you for using our products  
please read this carefully before use

Made In China

## Product description

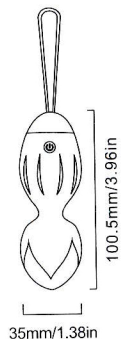
It is the elegant appearance and perfect touch that gives you an array of options. It has super strong vibration and multiple vibration modes. You'll have the anticipation of the most dynamic stimulation. The products also provide a sense of safety and environmental protection which is a part of our design philosophy. We hope this culminates in a superior experience for the user. This product is destined to be an extraordinary product.

- 1.Mode:10 different vibrations
- 2.Material: Food-grade silicone+ABS
- 3.Max noise: ≤50db
- 4.Battery:300mAh rechargeable lithium battery and 3V 2032 Button cell.
- 5.Power :USB 5V 150mA DC charging ,charging time about 1.5H,using time about 2H.
- 6.Waterproof Rating: IP65.

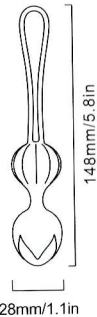
※ Package:1× remote controller & Massage ball,  
2×kegel balls,1×Charge USB cable, 1×User manual.

## Instruction

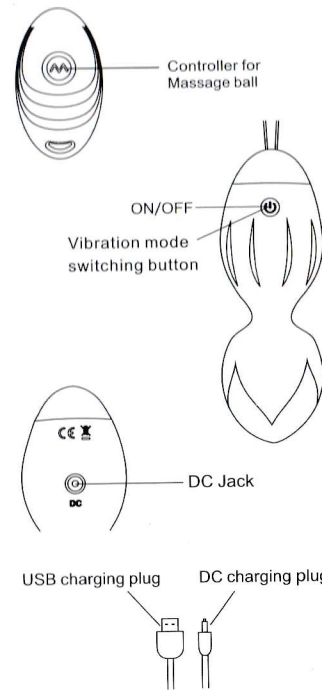
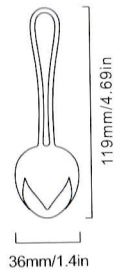
N.W: 57g



N.W: 102g

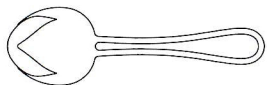


N.W: 44g



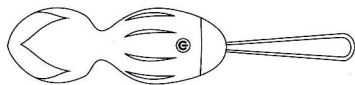
## Steps for usage

### Level 1



one ball 44g, 30 minutes per day, for 1-2 weeks.

### Level 2



Massage ball 57 g, 30 minutes per day, for 2-3 weeks.

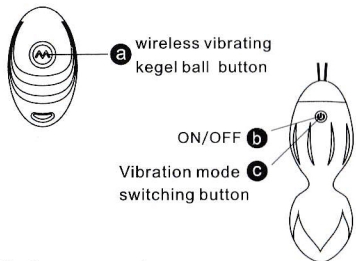
### Level 3



Double balls 102 grams, 30 minutes per day, 1 month.

## Direction for use

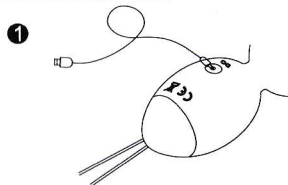
1. When product is received, please charge at once (Refer to charging guide).
2. Press button **b** (Massage ball) 1.5 seconds to open /off the product, press button **c** again change vibration mode.
3. Press button **a** Controller for wireless Massage ball.
4. Press **a** 1.5 seconds to stop vibrating.



Vibration curve graph



## Charging guide



Put the DC charging plug into the hole of product to charge. Then insert the USB charging plug into the USB port of your computer or other charger. (output: 5V=1A or 5V=1.5A).



**2**

When product is charging, the LED will be flashing



**3**

When a solid light appears, charging is complete.

※ When charging, the toy must be in a shutdown state, make sure products cannot be used while charging.

## Attention

1. You must charge the toy in a safe place.
2. Massage oil or hand cream could not be used as lubricant.
3. Stop using it if you feel uncomfortable or you find the toy is no longer smooth or has sharp edges.
4. Not recommended used in depth of one meter pool.
5. After use, the toy should be cleaned immediately. Warm water and soap can be used to clean the toy, with special detergent, disinfectant or 75% alcohol sometimes. Long term use is not recommended.
6. Can't be immersed in water, wash thoroughly with clean water flow. Not recommended to use boiled water to disinfect.
7. Air dry and avoid direct sunlight.
8. Store it well beyond the reach of children.
9. The product contains a lithium battery. Please put in the recycle appropriately.

FC CE RoHS

