

Hip Resistance Bands



CARE INSTRUCTIONS

- Wash by hands in cold water
- Do not use bleach or fabric softener
- Rinse thoroughly and dry
- Before storage please clean and dry thoroughly
- fold neatly
- put in a cool and dry place with good ventilatio

you can train your Legs, Ankles, Hips, Back, Arms and Shoulders with the resistance bands. Great choice for exercisers!