

# POWERBAR POWERGEL ORIGINAL

## Pro athletes' choice since 1996.



### FLAVOURS

- |  |  |
|--|--|
|  Vanilla                  |  Strawberry Banana          |
|  Lemon Lime               |  Salty Peanut               |
|  Tropical Fruit           |  Black Currant (+ caffeine) |
|  Green Apple (+ caffeine) |  Espresso (+ caffeine)      |



### PRODUCT DESCRIPTION

Are you looking for a trusted carbohydrate gel that professionals in various sports have been relying on since 1996? Then you should choose PowerBar PowerGel® Original. The original PowerGel® provides you with C2MAX in combination with sodium. C2MAX is a carbohydrate mix which contains a scientifically developed 2:1 ratio of glucose and fructose sources.

- Trusted functionality with C2MAX Dual Source Carb Mix and ca. 200 mg sodium per pouch**
- Carbohydrate solutions can contribute to the improvement of physical performance during a high-intensity and long-lasting physical exercise in healthy trained adults**
- Vegan**
- Innovative packaging: easy to open and helps prevent littering through “Trash Chain”**
- Black Currant and Green Apple flavours: contain 50 mg caffeine per pouch**
- Espresso flavour: contains 53 mg caffeine per pouch**
- Salty Peanut flavour: also suitable for people with peanut allergy**

All PowerBar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.



### SUGGESTED USAGE

1-2 pouches/ day. As part of a varied and balanced diet and a healthy lifestyle.

Take 1 pouch as required in regular intervals during exercise with water.

Flavours with caffeine: High caffeine content. Not recommended for children or pregnant or breastfeeding women. (Green Apple & Black Currant: 122 mg/ 100 g; 50 mg/ pouch. Espresso: 130 mg/ 100 g; 53 mg/ pouch.)



# POWERBAR POWERGEL ORIGINAL

Vanilla



## INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, sodium citrate, natural vanilla flavouring, acid (lactic acid), preservative (potassium sorbate).

## LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium

-  
Vanilla flavour

## NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1072 (252)	440 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	24 g	10 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	503 mg	206 mg



# POWERBAR POWERGEL ORIGINAL

## Strawberry Banana



### INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, acid (lactic acid), sodium citrate, preservative (potassium sorbate), natural flavourings.

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium  
-  
Strawberry Banana flavour

### NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1075 (253)	441 (104)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	27 g	11 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	503 mg	206 mg



# POWERBAR POWERGEL ORIGINAL

## Lemon Lime



### INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, acid (lactic acid), sodium citrate, preservative (potassium sorbate), natural citrus flavouring.

### LEGAL DENOMINATION

Concentrated carbohydrate gel  
for athletes with sodium

-  
Lemon Lime flavour

### NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1073 (252)	440 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	27 g	11 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	503 mg	206 mg



# POWERBAR POWERGEL ORIGINAL

## Salty Peanut



### INGREDIENTS

Maltodextrin, water, fructose, glucose syrup, sodium chloride, sodium citrate, preservative (potassium sorbate), flavourings, acid (lactic acid).

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium

-  
Peanut flavour

### NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1066 (251)	437 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	29 g	12 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	503 mg	206 mg



# POWERBAR POWERGEL ORIGINAL

## Tropical Fruit



### INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, acid (lactic acid), sodium citrate, preservative (potassium sorbate), natural flavourings.

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium  
-  
Tropical Fruit flavour

### NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1074 (253)	440 (104)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	24 g	10 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	506 mg	207 mg



# POWERBAR POWERGEL ORIGINAL

## Black Currant with 50 mg caffeine per pouch



### INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, acid (citric acid), caffeine (0,1%), sodium citrate, natural flavourings, preservative (potassium sorbate).

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with caffeine and sodium  
-  
Black Currant flavour

### NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1072 (252)	440 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	27 g	11 g
Protein	0 g	0 g
Salt	1,3 g	0,52 g
Sodium	508 mg	208 mg
Caffeine	122 mg	50 mg



# POWERBAR POWERGEL ORIGINAL

Green Apple with 50 mg caffeine per pouch



## INGREDIENTS

Maltodextrin, water, fructose, sodium chloride, acid (citric acid), caffeine (0,1%), sodium citrate, preservative (potassium sorbate), natural flavourings.

## LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with caffeine and sodium

-  
Green Apple flavour

## NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1071 (252)	439 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	27 g	11 g
Protein	0 g	0 g
Salt	1,3 g	0,51 g
Sodium	500 mg	205 mg
Caffeine	122 mg	50 mg





# POWERBAR POWERGEL ORIGINAL

Espresso with 53 mg caffeine per pouch



## INGREDIENTS

Maltodextrin, water, fructose, liquid coffee extract, sodium chloride, natural flavourings, caffeine (0,1%), acid (lactic acid), preservative (potassium sorbate), sodium citrate.

## LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with caffeine and sodium

-  
Coffee flavour

## NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1144 (269)	469 (110)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	67 g	28 g
of which sugars	27 g	11 g
Protein	0 g	0 g
Salt	0,61 g	0,25 g
Sodium	246 mg	101 mg
Caffeine	130 mg	53 mg



## TECHNICAL INFORMATION

### 41 g pouch

Flavour	SKU	EAN Pouch	EAN Box
■ Vanilla	22010600	4029679672529	4029679672536
■ Strawberry Banana	22010300	4029679672345	4029679672369
■ Lemon Lime	22010400	4029679672482	4029679672475
■ Salty Peanut	22010700	4029679672543	4029679672550
■ Tropical Fruit	22010800	4029679672574	4029679672581
■ Black Currant (+ caffeine)	22010500	4029679672505	4029679672512
■ Green Apple (+ caffeine)	22010100	4029679672277	4029679672284
■ Espresso (+ caffeine)	22030600	4029679673236	4029679673243

24 pouches per box

**Distributor:** Active Nutrition International GmbH  
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This information is presented for illustrative purposes only. Any specifications and values on the actual product packaging will always take precedence over any factsheet guidelines.

